# COMMUNITY RESOURCE GUIDE – Tampa

## COMMUNITY HEALTH, BEHAVIORAL, SOCIAL SERVICES RESOURCE GUIDE

### Behavioral Health Assistance

| ORGANIZATION NAME | ABOUT | CONTACT INFORMATION |
|---|---|---|
| Camelot Community Mental Health | Camelot's In-Home Counseling Program provides counseling and psychiatric services to clients in their home, school or in the community. Our programs utilize several evidenced-based practices including Cognitive Behavioral Therapy, Functional Family Therapy, Multi-Dimensional Family Therapy, and others. Medicaid is accepted. | 1410 Tech Blvd.<br>Tampa, FL 33619<br>(813) 635-9765<br>https://www.camelotcommunitycare.org/home-counseling |
| Gracepoint | Provide a full range of psychiatric and therapeutic services, including individual, family and group therapy, psychiatric evaluations, and medication management. Home based services are also available. Our multidisciplinary teams include board certified child & adolescent psychiatrists, nurses, social workers, and licensed clinicians. | 5707 N. 22nd Street<br>Tampa, FL 33610<br>(813)272-2244<br>https://gracepointwellness.org/ |
| LIFE Center of the Suncoast | The LIFE Center of the Suncoast, Inc. is a counseling center aimed at assisting clients through grief, trauma, stress, and wellness by offering counseling to individuals, couples, families, support groups as well as workshops. | 6811 N. Central Ave.<br>Tampa Florida 33604<br>(813) 237-3114<br>https://thelifecenterofthesuncoast.com/ |
| Northside Mental Health Center | Provide therapeutic services including assessment, individual, group, and family therapy. Therapy focuses on crisis stabilization, alleviating troubling symptoms, enhancing quality of life, coping with life's stresses, addressing children's developmental and emotional needs. | 12512 Bruce B Downs Blvd<br>Tampa, FL 33612<br>(813) 977-8700<br>http://www.northsidebhc.org/ |

# COMMUNITY RESOURCE GUIDE – Tampa

## Child/Youth Services

| ORGANIZATION NAME | ABOUT | CONTACT INFORMATION |
|---|---|---|
| Big Brothers & Big Sisters of Tampa Bay | Provide one-to-one mentoring relationships that ignite the power and promise of youth. Assist youth in achieving their full potential. | 4630 Woodland Corporate Boulevard #160<br>Tampa, FL 33614<br>(813) 769-3600<br>https://bbbstampabay.org/ |
| Child Care Resource & Referral | Help individuals understand their many childcare options. Equip individuals with information about early childhood development and school readiness. Connect individuals with resources to help pay for childcare. | 5701 E Hillsborough Ave Ste 2301<br>Tampa, FL 33610<br>(813) 744-8941<br>https://www.elchc.org/child-care-resource-referral/ |
| PACE Center for Girls | Pace provides free year-round middle school and high school academics, case management, counseling, and life skills development in a trauma-informed and gender-responsive environment. | 1933 E Hillsborough Ave Ste 3<br>Tampa, FL 33610<br>(813) 739-0410<br>https://www.pacecenter.org/ |

## Crisis Assistance

| ORGANIZATION NAME | ABOUT | CONTACT INFORMATION |
|---|---|---|
| Child Protective Team | Child Protection Team provides medical, psychological, and psychosocial assessments to children who are victims of physical, sexual, and emotional abuse. | 2806 N. Armenia Avenue<br>Tampa, FL 33607<br>(813) 250-6670<br>24-Hour Report Abuse: 1-800-96-ABUSE<br>https://health.usf.edu/medicine/pediatrics/child_protect |
| Crisis Center of Tampa Bay | Provide 24 hours a day, 365 days a year as the community's gateway to help. People who are struggling with a variety of crisis situations including sexual assault or abuse, domestic violence, financial distress, substance abuse, medical emergency, suicidal thoughts and other emotional or situational problems can connect to hope and healing. | 1 Crisis Center Plaza<br>Tampa, FL 33613<br>(813) 964-1964<br>https://www.crisiscenter.com/ |
| Mobile Crisis Team<br>(Grace Point) | Gracepoint's Mobile Crisis team is available when there is an immediate need for compassionate and expert intervention. Our Mobile Crisis Team responds to urgent situations – 24 hours a day, 7 days a week to adults experiencing a mental health crisis in their home, school, or any other safe community location in Hillsborough County. Licensed team members are trained to clinically evaluate, de-escalate crisis situations, provide supportive counseling, and referrals to get services needed toward wellness. Services for children and adults. | 2208 E. Henry Ave<br>Tampa, FL 33610<br>Adult Crisis: (813) 272-2958<br>Child Crisis: (813) 272-2882<br>https://www.gracepointwellness.org/site/article/53859-childrens-emergency-services<br><br>https://www.gracepointwellness.org/site/article/53858-adult-crisis |

# COMMUNITY RESOURCE GUIDE – Tampa

## Dental Assistance

| ORGANIZATION NAME | ABOUT | CONTACT INFORMATION |
|---|---|---|
| Hillsborough County Dental Research Clinic | The Hillsborough County Dental Research Clinic is a not-for-profit, low-income dental clinic located within Erwin Technical College. Children and adults. | 2010 E Hillsborough Ave<br>Tampa, FL - 33610<br>(813) 238-7725<br>https://www.dentalclinics.org/lis/hillsborough_county_dental_research_clinic_33610 |
| Tampa Family Health Center | Providing low-cost or sliding scale dental care. To use dental care, you will need to contact the dental clinic for an appointment. Children and adults. | 6216 E. Sligh Ave.<br>Tampa, FL 33617<br>Additional Locations<br>(813) 397-5300<br>https://tampafamilyhc.com/services/adult-dental |

## Emergency Shelters

| ORGANIZATION NAME | ABOUT | CONTACT INFORMATION |
|---|---|---|
| Dawning Family Services | Dawning Family Services, formerly Alpha House of Tampa incorporates programs and case management to create a personalized plan for each family. The myriad of services include: Safe and secure shelter, Housing search programs, Prevention & diversion services, Rapid Re-Housing (RRH) assistance, Post-shelter support to ensure a family's continued housing stability, and Employment Support Services. | 6718 N Armenia Ave<br>Tampa, FL 33604<br>(813)875-2024<br>https://dawningfamilyservices.org/ |
| Mary and Martha House | Mary & Martha House services are designed for women and children who are temporarily homeless due to a crisis situation such as domestic violence, eviction, sudden reduction in income, or job loss. Many of our clients are experiencing homelessness for the first time. | 312 S. Us Hwy 41<br>Ruskin, FL 33570<br>Administrative Office: (813)645-7874<br>Shelter Office: (813)641-7027<br>http://www.salvationarmysanantonio.org/ |
| Metropolitan Ministries | Providing emergency shelter and residential programs are located in Hillsborough and Pasco Counties. We accept families with a male or a female head of household, couples with children, or single women. | 2002 N. Florida Ave<br>Tampa, FL 33602<br>(813) 209-1000<br>https://www.metromin.org/our-work/housing/ |
| Salvation Army | Providing holistic care through emergency sheltering for single men and women, specialized Veterans programs, recuperative care for homeless individuals leaving the hospital, holistic case management, career coaching, financial assistance for at-risk individuals, and music and arts programs for children. | 1514 N. Florida Avenue<br>Tampa, FL 33602<br>Phone (813) 549-5303<br>https://salvationarmyflorida.org/tampa/ |
| The Spring of Tampa Bay | Providing comprehensive services to enhance the safety of victims and survivors of domestic violence in Hillsborough County and support them as they rebuild their lives. If you or someone you know is in an abusive relationship, creating a safety plan with the help of a trained advocate is essential. We are here 24 hours a day to answer your phone calls, connect you to resources like safe shelter or legal representation, and to make sure you are not alone. If you need to enter shelter, we can help you, your children, and even your pets. Our programs and services are offered free of charge. | 209 N Willow Ave<br>Tampa, FL 33606<br>(813) 247-7233<br>https://thespring.org/ |

# COMMUNITY RESOURCE GUIDE – Tampa

## Financial Assistance

| ORGANIZATION NAME | ABOUT | CONTACT INFORMATION |
|---|---|---|
| Access Florida (DCF) | Providing Food Assistance, Temporary Cash Assistance, Medicaid, Medicaid for Pregnant Women, Disaster SNAP, and Refugee Services. | 9393 North Florida Avenue<br>Tampa Florida 33612<br>(813)558-5500<br>(877)595-0384<br>https://www.myflfamilies.com/ |
| Lee Davis Community Resource Center | Services at the Resource Center: Energy financial assistance, adult education and training financial assistance, and rental/housing financial assistance. All financial assistance is by appointment only. | 3402 N 22nd St<br>Tampa, FL 33605<br>(813) 272-5220<br>Additional Locations throughout Tampa Bay<br>https://www.hillsboroughcounty.org/en/locations/lee-davis-community-resource-center |
| Hillsborough County Social Services | Connecting residents to short-term and long-term financial assistance. We partner with community groups and nonprofit organizations to provide credit counseling, food aid and foreclosure prevention programs. We also help first-time homebuyers with down payment assistance. | 601 E. Kennedy Blvd. 24th Floor<br>Tampa, FL 33602<br>(813) 301-7341<br>https://www.hillsboroughcounty.org/en/residents/social-services/financial-assistance |

## Food Assistance

| ORGANIZATION NAME | ABOUT | CONTACT INFORMATION |
|---|---|---|
| Community Food Pantry | Serving anyone in need of food regardless of geographical area. Clients will be given appointment cards for future visits after their first time at the Community Food Pantry. Clients can visit the Community Food Pantry once every 4 weeks. | 13115 S Village Dr,<br>Tampa, FL 33618<br>(813) 963-2772<br>http://www.thecommunityfoodpantry.com/ |
| Cook's Hat Food Pantry | Cooks Hat Food Pantry organize the collection of food donations and distribution to those in need | 5306 N Nebraska Ave<br>Tampa, FL 33604<br>(813) 236-6237 |
| Metropolitan Ministries Family Support Center | **Give a Box of Hope**: Each food box is filled with nutritious essentials from our Metro Market and will feed a family for three days.<br>**Provide Hot Meals**: A good, hot meal is a step toward hope. Nutritious, hot meals for individuals and families are prepared at Metropolitan Ministries and distributed to partner sites. | 2301 North Tampa St.<br>Tampa, FL 33602<br>(813) 209-1200<br>https://www.metromin.org/our-work/food/ |

# COMMUNITY RESOURCE GUIDE – Tampa

## Housing and Rent Assistance

| ORGANIZATION NAME | ABOUT | CONTACT INFORMATION |
|---|---|---|
| ` Lee Davis Community Resource Center | Services at the Resource Center: Energy financial assistance, adult education and training financial assistance, and rental/housing financial assistance. All financial assistance is by appointment only. | 3402 N 22nd St<br>Tampa, FL 33605<br>(813) 272-5220<br>Additional Locations throughout Tampa Bay<br>https://www.hillsboroughcounty.org/en/locations/lee-davis-community-resource-center |
| Hillsborough County Social Services | Connecting residents to short-term and long-term financial assistance to maintain rental or home. | 601 E. Kennedy Blvd. 24th Floor<br>Tampa, FL 33602<br>(813) 301-7341<br>https://www.hillsboroughcounty.org/en/residents/social-services/financial-assistance |
| Tampa Housing Authority | Providing quality, and affordable housing for Tampa Bay. | 5301 W Cypress St,<br>Tampa, FL 33607<br>(813) 341-9101<br>https://www.thafl.com/ |

## Legal Assistance

| ORGANIZATION NAME | ABOUT | CONTACT INFORMATION |
|---|---|---|
| Bay Are Legal Services | Bay Area Legal is a non-profit law firm that provides free civil legal services to low-income Tampa residents. | 800 E Twiggs St,<br>Tampa, FL 33602<br>(800)625-2257<br>https://bals.org/ |
| Children's Justice Center | The Children's Justice Center (CJC) provides a neutral, safe, child-friendly atmosphere for children when there are allegations of child sexual, physical abuse, when children have witnessed crimes or when visitations are necessary in a supervised setting. | 700 E. Twiggs Street<br>Tampa, FL 33602<br>(813) 272–7179<br>E-mail: gillets@fljud13.org |
| Guardian Ad Litem for Children | Guardian ad Litem is the extension of CASA in FL, and our volunteer Guardians ad Litem are court-appointed special advocates whose sole job is to serve as the voice of the child – a voice that is separate from the child's family members, foster care providers, attorneys or social workers. | 700 E Twiggs St Suite 750<br>Tampa, FL 33602<br>(813) 272-5110<br>https://www.galtampa.org |

# COMMUNITY RESOURCE GUIDE – Tampa

## Medical Assistance

| ORGANIZATION NAME | ABOUT | CONTACT INFORMATION |
|---|---|---|
| Center for Family Health Medical | Low cost or free care can be offered to the uninsured, income qualified patients. Many conditions will need to be met. | 912 E. Sligh Avenue<br>Tampa, FL - 33604<br>(813) 237-6988<br>https://www.freeclinics.com/det/fl_33604_center-for-family-health |
| Tampa Family Health | Family Health Centers is a thriving health care delivery system providing services to the insured and uninsured, with fourteen locations throughout Hillsborough County. TFHC provides a full range of comprehensive, integrated services including Family Practice, Internal Medicine, Pediatrics, Gynecology/Obstetrics, Family Planning, Behavior Health, Podiatry, Dental (Pediatric & Adult) Pharmacy. | 12410 N. Nebraska Ave<br>Tampa, FL 33612<br>Additional Locations<br>(813)397-5300<br>https://tampafamilyhc.com/ |
| University Area Community Health Center | Clinical and Nutrition Services are offered in a limited region to those facing poverty, low income, or uninsured. | 13601 N. 22nd St.<br>Tampa, FL 33613<br>813-307-8074<br>http://hillsborough.floridahealth.gov/locations/university.html |
| West Tampa Health | Provided checkups, primary health care, advice, and referrals to patients in the western part of the city. | 2808 W. MLK Jr. Blvd.<br>Tampa, FL 33607<br>813-397-5300<br>https://www.hillsboroughcounty.org/en/locations/west-tampa-community-resource-center |

# COMMUNITY RESOURCE GUIDE – Tampa

## Misc. Basic Needs Assistance

| ORGANIZATION NAME | ABOUT | CONTACT INFORMATION |
|---|---|---|
| CareerSource Tampa Bay | CareerSource Tampa Bay offers a full range of career planning services for professional and entry level candidates, including career orientation; turnkey resource centers that assist in the candidate's job search; career fairs; interviewing techniques; labor market information specific to occupations and industries in demand as well as resume building tips. | 9215 N Florida Ave Ste 101<br>Tampa, FL 33612<br>(813)930-7400<br>https://www.careersourcetampabay.com/ |
| Champions For Children | Champions for Children is a nationally accredited agency preventing child abuse and neglect by: Helping pregnant women prepare for childbirth and care for a newborn Giving parents and caregivers the confidence and knowledge they need to provide a healthy home environment | 3108 West Azeele Street<br>Tampa, Florida 33609<br>(813) 673-4646<br>https://cfctb.org/ |
| Dress For Success Tampa Bay | Empowers women to achieve economic independence by providing a network of support, professional attire, and the development tools to help women thrive in work and in life. | 1705 North Howard Avenue<br>Tampa Bay, Fl 33607<br>(813)259-1876<br>https://tampabay.dressforsuccess.org/ |

## Substance Use Disorder Assistance

| ORGANIZATION NAME | ABOUT | CONTACT INFORMATION |
|---|---|---|
| Agency for Community Treatment Services (ACTS) | ACTS offers treatment to improve health through personal and family centered recovery practices. The mission is to provide and manage a broad array of human services to include prevention, acute care and stabilization, treatment, and supportive services in the arenas of substance abuse, co-occurring substance abuse and mental illness, child protection, delinquency, criminal justice, housing, economic self-sufficiency and health and wellness. | 4612 N 56th St.<br>Tampa, FL 33610<br>(813)246-4899<br>https://www.actsfl.org/ |
| DACCO | DACCO Behavioral Health treats substance use disorders, including Opioid Addiction Treatment and any co-occurring mental health symptoms in men, women (including pregnant women) and youth in Tampa, FL. DACCO is a Behavioral Health organization with outpatient, residential and wrap around service. | 4422 E Columbus Dr.<br>Tampa, FL 33605<br>(813) 384-4000<br>https://www.dacco.org |
| Phoenix House of Florida | Phoenix House is a nonprofit drug and alcohol rehabilitation organization. Programs serve individuals, families, and communities affected by substance abuse and dependency. | 5501 W Waters Ave<br>Tampa, FL 33634<br>(813)881-1000<br>https://www.phoenixfl.org/ |

# COMMUNITY RESOURCE GUIDE – Tampa

## Transportation Assistance

| ORGANIZATION NAME | ABOUT | CONTACT INFORMATION |
|---|---|---|
| Hillsborough Area Regional Transit Authority (HARTLINE) | HART serves the community through convenient, affordable public transportation options including bus services, in-town trolleys, streetcars, van services and more. | 1211 N. Marion Street<br>Tampa, FL 33602<br>(813) 254-4278<br>http://gohart.org/ |
| Hillsborough Sunshine Transportation | Sunshine Line provides door-to-door transportation and bus passes for elderly, low-income, and people with disabilities who do not have or cannot afford their own transportation. Transportation is provided for medical and social service appointments, grocery trips, health and wellness, personal business and more. | 2709 E Hanna Ave,<br>Tampa, FL 33610<br>(813) 272-7272<br>https://www.hillsboroughcounty.org/en/government/departments/sunshine-line |

## Volunteer and Faith-Based Services

| ORGANIZATION NAME | ABOUT | CONTACT INFORMATION |
|---|---|---|
| Abe Brown Ministries | Abe Brown Ministries compassionately demonstrates the love of Jesus Christ by helping offenders and ex-offenders, as well as their families, achieve productive and fulfilling lives. We provide comprehensive services to help members of our community establish an intimate relationship with Christ, as well as offer support in acquiring life-skills and preparing for gainful employment. | 2921 N. 29th Street<br>Tampa, FL 33605<br>813.247.3285<br>http://www.abebrown.org/ |
| United Way of Tampa Bay | Volunteer Action is a key part of United Way's mission, and your service can make a big impact. United Way Suncoast Volunteers remove barriers to early learning, financial stability, and youth success, as we create opportunities today that help transform the lives of individuals and families tomorrow. We invite you to Volunteer United and elevate our community by joining us to build a future with equity for all. United We Rise, United We Win! | 5201 W. Kennedy Blvd. STE 600<br>Tampa, FL 33609<br>(813) 274-0900<br>https://unitedwaysuncoast.org/get-involved/volunteer/ |