



## COMMUNITY RESOURCE GUIDE – MID-RGV

### COMMUNITY HEALTH, BEHAVIORAL, SOCIAL SERVICES RESOURCE GUIDE

#### Behavioral/Mental Health Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Tropical Texas Behavioral Health	Provides an array of inpatient and outpatient mental health services to individuals who have a severe and persistent mental illness (depression, schizophrenia, bipolar disorders) or any other serious emotional symptoms that interfere with their daily activities.	2215 W. Business 83 Weslaco, TX 956-520-8800 <a href="http://www.ttbh.org">www.ttbh.org</a>
UTRGV - Counseling and Assessment Preparation (CAP) Clinic	Services run through UTRGV that provides counseling services to members of the general community. All services are free of charge. Call for more information or to make an appointment.	2164 E Jackson St Brownsville, TX 78520 (956) 882-7792 <a href="https://www.utrgv.edu/cep/research-centers/counseling-training-clinic/index.htm">https://www.utrgv.edu/cep/research-centers/counseling-training-clinic/index.htm</a>
Rio Grande State Center (RGSC)	Public provider south of San Antonio, Texas that offers outpatient medical healthcare, inpatient mental health services and long-term services for individuals with intellectual and developmental disabilities.	1401 Rangerville Rd Harlingen, TX 78551 956-364-8000 <a href="http://dshs.texas.gov/mhhospitals/RioGrandeSC/default.shtm">dshs.texas.gov/mhhospitals/RioGrandeSC/default.shtm</a>
Children’s Bereavement Center - RGV	Offers no-cost individual and family grief counseling, peer support groups, and grief camps	2302 S. 77 Sunshine Strip, Suite 202 Harlingen, TX 78550 956-368-4065 <a href="https://cbc-rgv.org/">https://cbc-rgv.org/</a>
The Counseling Center	Provides low-cost individual, group, couples, and family counseling.	1009 South Utah Avenue, Suite A Weslaco, TX 78596 956-520-8700 <a href="http://weslaco-counseling.weebly.com/">http://weslaco-counseling.weebly.com/</a>
Spot To Talk	Spot To Talk provides teletherapy for children, teens and young adults. Sliding scale fee, also accepts Blue Cross Blue Shield and other insurances.	Available statewide 619-438-0690 <a href="https://www.spottotalk.com/">https://www.spottotalk.com/</a>
NAMI Helpline	Staff and volunteers are prepared to answer your questions about mental health issues including: symptoms of mental health conditions, treatment options, local support groups and services, education programs, helping family members get treatment, and programs to help find jobs.	Available nationwide 800-950-6264



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### Child/Youth Services

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Program: Children/Adolescent Mental Health Services Agency: Tropical Texas Behavioral Health	Provides a wide array of outpatient mental health services to children and adolescents between the ages of 3 -17 with a mental illness and who exhibit serious functional impairment. Services provided include crisis and intake assessment, case management, rehabilitation services, medication related services, pharmacy services and individual, family, and group counseling.	2215 W. Business 83 Weslaco, TX 956-520-8800 <a href="http://www.ttbh.org">www.ttbh.org</a>
Children's Advocacy Center of Hidalgo County	Coordinates and facilitates investigations by providing on site child forensic video recorded interviews, immediate crisis counseling, individual/family counseling, group counseling, sexual assault examinations and assistance with crime victims compensation program.	525 W Wisconsin Rd Edinburg, TX 78539 956-287-9754 <a href="http://www.cachidalgo.org">www.cachidalgo.org</a>
CASA of Hidalgo	Advocates for the best interest of children in state custody. Provide quality volunteer representation; seek a safe, stable and permanent home for children.	1001 S 10th Ave Edinburg, TX 78539 956-381-0346 <a href="https://casaofhidalgo.com/">https://casaofhidalgo.com/</a>
Children's Advocacy Center of Cameron and Willacy Counties	Works collaboratively with other child abuse professionals on case management, investigation, and prosecution of child abuse cases.	1390 W Expy 83 San Benito, TX 78586 (956) 361-3313 <a href="https://caccwc.org/">https://caccwc.org/</a>
CASA of Cameron and Willacy Counties	Advocates for the best interest of children in state custody. Provide quality volunteer representation; seek a safe, stable and permanent home for children.	1740 Boca Chica Blvd., Suite 300 Brownsville, TX 78520 (956) 546-6545 <a href="https://casaofcameronandwillacy.org/">https://casaofcameronandwillacy.org/</a>

### Crisis Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Family Crisis Center of the Rio Grande Valley	Services include: 24-hour hotline, 24-hour emergency shelter for victims and their children, 24-hour crisis intervention, 24-hour advocacy, 24-hour hospital accompaniment, Transportation to a safe place Counseling services	616 W. Taylor Harlingen, Texas 78550 (956) 423-9305 <a href="http://www.familycrisisctr.org/">http://www.familycrisisctr.org/</a>



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ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Buckner Children and Family Services, Inc.-Rio Grande Valley	Crisis intervention and counseling, short-term counseling for at risk youth and their families, emergency care (youth shelter), youth life skills, and parenting classes.	5425 N McColl Rd # A McAllen, TX 78504 956-630-6285 <a href="http://www.buckner.org/">http://www.buckner.org/</a>
Border Region Behavioral 24-Hour Crisis Line	Crisis hotline available for Starr County residents.	1-800-643-1102
Crisis Text Line	Serves anyone, in any type of crisis, providing access to free, 24/7 support and information. Text HOME to 741741 from anywhere in the USA, anytime, about any type of crisis and a live, trained Crisis Counselor receives the text and responds quickly.	Available nationwide Text HOME to 741741 <a href="http://www.crisistextline.org/">http://www.crisistextline.org/</a>
Lifeline Crisis Chat	Anyone who is depressed, going through a hard time, needs to talk, or is thinking about suicide can use the chat. Offers online emotional support, crisis intervention, and suicide prevention services.	English: 1-800-273-8255 Spanish: 888-628-9454 <a href="http://www.suicidepreventionlifeline.org/GetHelp/LifelineChat.aspx">http://www.suicidepreventionlifeline.org/GetHelp/LifelineChat.aspx</a>

### Dental Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Program: Dental Care Agency: Dentists Who Care	Provides dental services to uninsured low-income students enrolled in the Rio Grande Valley school districts. Provides emergency dental care through "Charity Dental Voucher Program".	3501 Moreland Dr, Ste G Weslaco, TX 78596 956-318-3383 <a href="http://www.dentistswhocare.us">www.dentistswhocare.us</a>
Nuestra Clinica Del Valle - Donna	Provides primary and preventive medical and dental services	105 S 10th St Donna, TX 78537 (956) 464-5809 <a href="http://nuestraclinicadelvalle.org/">http://nuestraclinicadelvalle.org/</a>

### Emergency Shelters

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
La Posada Providencia	Emergency shelter for men, women and families who flee to the United States due to political oppression, natural disaster, and other life-threatening actions in their native countries.	30094 Marydale Road San Benito, TX 78586 956-399-3826 <a href="https://lppshelter.org/">https://lppshelter.org/</a>



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ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Catholic Charities of the Rio Grande Valley (CCRGV)	Provide Temporary Shelter (Lodging in a Hotel) for emergency assistance.	700 n. Virgen De San Juan Blvd. San Juan, TX 78589 956-702-4088 <a href="https://www.catholiccharitiesrgv.org/Home.aspx">https://www.catholiccharitiesrgv.org/Home.aspx</a>
Open Arms Homeless Shelter Agency: Loaves & Fishes RGV	Provides temporary residence and assistance plus case management for homeless individuals and families. Facilities for men and women.	514 South E Street Harlingen, TX 78550 (956) 423-1014 <a href="https://lfrgv.org/">https://lfrgv.org/</a>

### Employment Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Program: Vocational Rehabilitation Services Agency: Texas Workforce Commission	Major functions of TWC include developing the workforce, providing support services including childcare for targeted populations participating in workforce training and adult education and literacy services, providing services for people with disabilities to obtain training and employment, and administering the unemployment benefits and tax programs.	2290 W. Pike Blvd. Weslaco, TX 78596 (956) 969-6100 <a href="https://twc.texas.gov/">https://twc.texas.gov/</a>
Valley Initiative for Development and Advancement (VIDA)	Works to address employers' needs for skilled workers and link the area's unemployed and underemployed with high skills, high wage jobs identified in the region. The program provides job-training services to economically disadvantaged, unemployed, and underemployed adults with family responsibilities.	417 S. Ohio Ave. Mercedes, TX 78570 1-800-478-1770 <a href="http://www.vidacareers.org">http://www.vidacareers.org</a>
New Hope Job Shop Agency: Loaves & Fishes RGV	Offers 3 very distinct educational and training classes: GED Preparation, Computer Classes, and Job Assistance – resume writing and interview techniques.	514 South E Street Harlingen, TX 78550 (956) 423-1014 <a href="https://lfrgv.org/">https://lfrgv.org/</a>



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### Financial Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Program: Financial Education Classes Agency: Proyecto Azteca	Help to strengthen families by offering money smart courses, financial counseling, home buyer education, rebuild credit and budget counseling.	1601 E Business Hwy 83 San Juan, TX 78589 956-702-3307 <a href="http://www.211texas.org/results-page/?First=1&amp;country=United%20States&amp;sp=TX&amp;county=Hidalgo&amp;city=-1&amp;org=72605&amp;agencynum=29802718">http://www.211texas.org/results-page/?First=1&amp;country=United%20States&amp;sp=TX&amp;county=Hidalgo&amp;city=-1&amp;org=72605&amp;agencynum=29802718</a>
Emergency Financial Assistance (ESG) Agency: Catholic Charities of the Rio Grande Valley	Provides financial assistance for rent as funding is available.	700 N Virgen de San Juan Blvd San Juan, TX 78589 956-702-4088 <a href="https://www.catholiccharitiesrgv.org/Home.aspx">https://www.catholiccharitiesrgv.org/Home.aspx</a>
Family Emergency Assistance Agency: Loaves & Fishes RGV	Provides assistance, on a short-term basis, to families in need. The program provides assistance with rent or utilities, and food bags.	514 South E Street Harlingen, TX 78550 (956) 423-1014 <a href="https://lfrgv.org/">https://lfrgv.org/</a>
Program: Financial Assistance Agency: Silver Ribbon Community Partners	Offers financial assistance to help the elderly and disabled undergoing an emergency or crisis. Serves residents of Hidalgo and Starr counties.	1919 Austin Avenue McAllen, TX 78501 956-664-4892 <a href="https://www.facebook.com/silverribboncommunitypartners/">https://www.facebook.com/silverribboncommunitypartners/</a>

### Food Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Food Bank of the Rio Grande Valley	Provides nutritious foods at no cost to qualified participants. The food package includes: peanut butter or dried beans, cereals, cheese, pasta or rice, evaporated milk or nonfat dry milk, canned meat or egg mix, fruit juice, canned vegetables and canned fruits.	724 N Cage Blvd Pharr, TX 78577 956-682-8101 Option 3 <a href="http://www.foodbankrgv.com">www.foodbankrgv.com</a>
Program: Food Pantry Agency: First Baptist Church Weslaco	Provides supplemental groceries to individuals and families in need of assistance in our community. Households may visit once per month. Available every 1 <sup>st</sup> Monday of the month. Must bring photo ID with current address.	600 South Kansas Avenue Weslaco, TX 78596 956-968-9585 <a href="https://www.fbcwslaco.org/missions">https://www.fbcwslaco.org/missions</a>



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Program: Food Pantry Agency: Weslaco First United Methodist Church	Provides food to meet basic nutritional needs. Available every 3 <sup>rd</sup> Saturday of the month from 9-11 AM.	520 South Illinois Avenue Weslaco, TX 78596 956-968-7561 <a href="https://www.weslacofumc.org/food-pantry">https://www.weslacofumc.org/food-pantry</a>
Food Pantry: Center Church	Fresh produce and basic staples for low-income households. 1 <sup>st</sup> Thursday of every month. Only available to Hidalgo County residents. Must show bill with name and address on it for proof of residency.	4801 North Cage Boulevard Pharr, TX 78577 956-702-3372 <a href="https://www.centerchurchpharr.com/ministries">https://www.centerchurchpharr.com/ministries</a>
Summer Food Program Agency: Catholic Charities of the RGV	Provides children and adults with healthy snacks to improve and maintain their nutritional status while they are enrolled in a participating facility/center after school. Call to find out about participating locations.	Available at various participating locations 956-702-4088 <a href="http://www.catholiccharitiesrgv.org/food-program.shtml">http://www.catholiccharitiesrgv.org/food-program.shtml</a>
Food Pantry: Pharr Seventh-day Adventist Church	Community food pantry and assistance	21 W. Polk Ave. Pharr, TX 78577-3025 956-787-9438
Food Pantry: Abundant Life Church	Food pantry and assistance with food	101 N O St Harlingen, TX 78550 956-425-1696 <a href="https://www.abundantlifergv.org/">https://www.abundantlifergv.org/</a>
Program: Full Cart Agency: Feeding Children Everywhere	Free program that delivers meal kits and grocery items to your front door. To apply, visit their website or text "FULLCART" to (833) 689-0718. There is a waitlist for services.	Services available statewide <a href="https://fullcart.org/">https://fullcart.org/</a>

### Housing and Rent Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Hidalgo County Housing Authority	Provides information about eligibility and vacancies for Section 8.	1800 Texas Blvd N Weslaco, TX 78596 956-968-8669 <a href="http://www.hidalgocha.org/">http://www.hidalgocha.org/</a>
Program: Social Services Agency: Catholic Charities of the Rio Grande Valley	Provides a one-time financial assistance in paying current unpaid rent and utilities (depending upon funding availability). All services are on a first come first serve basis.	700 N Virgen de San Juan Blvd San Juan, TX 78589 956-702-4088 <a href="https://www.catholiccharitiesrgv.org/Home.aspx">https://www.catholiccharitiesrgv.org/Home.aspx</a>



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ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Program: Disaster Relief/Response Agency: Catholic Charities of the Rio Grande Valley	Helps people through damage recovery from a disaster via home assessment and case management. Assists with housing services by providing materials to reconstruct damaged homes from a federally declared disaster.	700 N Virgen de San Juan Blvd San Juan, TX 78589 956-702-4088 <a href="https://www.catholiccharitiesrgv.org/Home.aspx">https://www.catholiccharitiesrgv.org/Home.aspx</a>
Proyecto Azteca	Helps clients secure mortgage loans to pay off colonia lot purchase balances then families use their own labor to build quality homes. Participating families work on their or their neighbor's home daily, using house plans developed for Proyecto Azteca by licensed architects and engineers. Professional trainers oversee construction, provide safety tips and provide formal home-building instruction.	1601 US Business HWY 83 San Juan, TX 78589 956-702-3307 <a href="https://www.proyectoazteca.org/">https://www.proyectoazteca.org/</a>

### Legal Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Texas Rio Grande Legal Aid, Incorporated	Provides legal assistance to low-income persons in South, Central and West Texas. It provides services to farm workers and eligible non-profit organizations throughout Texas.	300 S Texas Weslaco, TX 78596 956-447-4800 <a href="http://www.trla.org/">http://www.trla.org/</a>
Program: Legal Services Agency: Casa de Proyecto Libertad	Provides low cost legal services, education and advocacy to immigrants.	113 N 1st St Harlingen, TX 78550 956-425-9552 <a href="mailto:nrogelio@hushmail.com">nrogelio@hushmail.com</a>
South Texas Civil Rights Project	Promotes racial, social, and economic justice through education and litigation.	1017 W. Hackberry Ave. Alamo, TX 78516 (956) 787-8171 <a href="http://www.texascivilrightsproject.org/">http://www.texascivilrightsproject.org/</a>
Program: Immigration Legal Services Agency: Immigrant Hope	Clients can receive assistance with immigration applications, changing immigration status, applying for visas, helping escape domestic violence, trafficking, or persecution	5208 North Jackson Road Pharr, TX 78577 956-800-4749 <a href="http://www.ihmcallen.livingwordefc.org/">http://www.ihmcallen.livingwordefc.org/</a>
Program: Immigration Services Agency: Catholic Diocese of Brownsville	Provides assistance to foreign nationals seeking permanent resident status in the U.S. in filling out application forms, facilitating filing procedures both in the U.S. and abroad, and counseling on eligibility requirements.	700 Virgen de San Juan Boulevard San Juan, TX 78589 956-784-5057 <a href="http://cdob.org/immigration/">http://cdob.org/immigration/</a>



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ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
South Texas Pro Bono Asylum Representation Project	Provides pro bono legal services to asylum seekers detained in South Texas by the United States government.	301 E. Madison Avenue Harlingen, TX 78550 956-365-3775 <a href="https://www.americanbar.org/groups/public_services/immigration.html">https://www.americanbar.org/groups/public_services/immigration.html</a>
Program: Immigration Assistance Agency: Bernardo Kohler Center	Provides services to immigrant victims and vulnerable populations throughout Texas including: general immigration legal aid, special immigrant juvenile (SIJ) cases, visas for crime victims, naturalization and other citizenship applications, and family-based cases. Intake consultations are \$40 and the consultant will consider family income to determine how much services will cost.	Services available statewide 512-831-4272 <a href="https://bernardokohler.org/services%2Fservicios">https://bernardokohler.org/services%2Fservicios</a>
Immigrant Rights Hotline	Hotline that provides information about information about changing immigration policies, a place to report discrimination and racial profiling, and a source for referrals to legal services providers and immigrant rights organizers.	Services available statewide 833-468-4664 <a href="https://www.houstonimmigration.org/hotline/">https://www.houstonimmigration.org/hotline/</a>
Program: Bond Program Agency: Refugee and immigration Center for Education and Legal Services (RAICES)	A bond fund that seeks to mitigate the harmful effects of immigrant detention. Eligible clients must be: (1) currently detained in the state of Texas, (2) previously detained in the state of Texas but transferred out of state, or (3) going to live in the state of Texas once released.	Services available statewide 800-408-5161 <a href="https://www.raicestexas.org/what-we-do/social-services/bond-program/">https://www.raicestexas.org/what-we-do/social-services/bond-program/</a>
Program: Legal Emergency Room Agency: Asylum Seeker Advocacy Project (ASAP)	Provides emergency legal services that are responsive to the needs of asylum seekers in crisis. ASAP provides high-quality legal assistance at a distance, swiftly preparing emergency motions and other legal filings to prevent deportations. Through ASAP's legal emergency room, asylum seekers are able to access legal aid without having to walk into an office.	Services available nationwide <a href="mailto:info@asylumadvocacy.org">info@asylumadvocacy.org</a> <a href="https://asylumadvocacy.org/programs/#legal">https://asylumadvocacy.org/programs/#legal</a>
DACA Hotline	A national toll-free bilingual hotline to assist in locating DACA legal resources and providing information about DACA applications.	Services available nationwide 844-411-3222 <a href="https://naleo.org/apply-for-deferred-action/">https://naleo.org/apply-for-deferred-action/</a>





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### LGBTQIA+ Youth Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
South Texas Equality Project (STEP) RGV	South Texas Equality Project (STEP) is a coalition of different non-profits and community groups that work with the LGBTQIA+ community. It organizes and hosts community events such as Pride in the Park. Monthly meetings, opportunities for involvement, and an e-mail newsletter.	(956)507-4805 <a href="https://www.facebook.com/STEP.RGV/">https://www.facebook.com/STEP.RGV/</a>
Aqui Estamos	A youth-led queer and trans people of color organization in the Rio Grande Valley along the Texas-Mexico border.	(956) 332-3858 <a href="https://www.facebook.com/aquiestamosrgv">https://www.facebook.com/aquiestamosrgv</a>
RGV Trans Support	Support group for transgender, non-binary, and gender nonconforming people. Active Facebook group that provides support and discussion for members as well as two monthly meetings (one in Cameron County and one in Hidalgo County).	<a href="https://www.facebook.com/groups/RGVTRANS/">https://www.facebook.com/groups/RGVTRANS/</a>
LULAC RGV Rainbow Council	A recognized council within the League of United Latin American Citizens. Founded to foster dialogue between the Hispanic and LGBTQIA communities.	<a href="https://www.facebook.com/LULACRGVRC/">https://www.facebook.com/LULACRGVRC/</a>
LGBTQIA+ Resource Guide for the RGV	A project of STEP RGV. A curated list of LGBTQIA+ friendly organizations, services, and businesses in the Rio Grande Valley and beyond.	<a href="http://rgvresourcelist.com/">http://rgvresourcelist.com/</a>
RGV Pride	A collaboration of STEP RGV and the Valley AIDS Council. Established with the purpose of organizing a series of events to celebrate Pride Month, this group also publicizes LGBTQIA+ events that occur year-round throughout the RGV.	<a href="https://www.facebook.com/RGVPRIDEPRIDEINTHEPARKRGV/">https://www.facebook.com/RGVPRIDEPRIDEINTHEPARKRGV/</a>
Student Equality Alliance	LGBTQI student organization for UTRGV students. Hold regular meetings and on-campus events as well as support for students.	<a href="http://www.facebook.com/SEA.utrgv/">http://www.facebook.com/SEA.utrgv/</a>
Open, Equal & Free	LGBTQI student alliance for STC students. Hold regular meetings and on-campus events as well as support for students.	<a href="https://www.facebook.com/OpenEqualAndFree/">https://www.facebook.com/OpenEqualAndFree/</a>
TFA RGV Prism	Works alongside LGBTQ+ and allied partners in the RGV to advance educational equity in line with Teach for America's national initiative. Hosts and participates in education, advocacy, and other LGBTQIA+ events throughout the RGV.	<a href="https://www.facebook.com/RGVPRISM/">https://www.facebook.com/RGVPRISM/</a>
UTRGV - Counseling and Assessment Preparation (CAP) Clinic	LGBT and trans friendly counseling services run through UTRGV that provides counseling services to members of the general community. All services are free of charge. Call for more information or to make an appointment.	2164 E Jackson St Brownsville, TX 78520 (956) 882-7792 <a href="https://www.utrgv.edu/cep/research-centers/counseling-training-clinic/index.htm">https://www.utrgv.edu/cep/research-centers/counseling-training-clinic/index.htm</a>



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ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Valley AIDS Council	Provides comprehensive LGBT-inclusive STD and HIV testing. Medical providers specialize in the care of transgender women and men and provide treatment and consultation. Also provides affordable HRT and able to work with different insurance companies.	2306 Camelot Plaza Harlingen, TX 78550 (956) 428-2653 <a href="https://www.valleyaids.org/">https://www.valleyaids.org/</a>

### Medical Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Program: UTRGV UniMovil Clinic Agency: University of Texas Rio Grande Valley	Provides family medicine and health screenings.	2102 Treasure Hills Blvd. Harlingen, Texas 78550 956-296-1700 <a href="https://www.utrgv.edu/school-of-medicine/initiatives/unimovil/index.htm">https://www.utrgv.edu/school-of-medicine/initiatives/unimovil/index.htm</a>
MHP Salud	Provides peer health education, increase access to health resources and bring community members together with health providers, employers and policymakers to create positive changes.	3102 US-83 BUS G Weslaco, TX 78596 956-968-3600 <a href="https://mhpsalud.org/">https://mhpsalud.org/</a>
Access Esperanza Clinic	Provides quality, confidential family planning and preventive health services for women, men, and teens in Hidalgo County.	901 S. James St., Weslaco, TX 78596 (956) 968-5039 <a href="https://accessclinics.org/">https://accessclinics.org/</a>
Nuestra Clinica Del Valle	Provides healthcare services to residents of Hidalgo and Starr counties at 11 locations, including two school-based clinics to treat and care for children. Offers comprehensive medical services that include family medicine, internal medicine, pediatrics, obstetrics and gynecology, laboratory, radiology, nutrition, behavioral health and dental.	Services available at various locations across the RGV Admin Office: 801 W. 1st Street San Juan, TX 78589 956-787-0787 <a href="http://www.nuestraclinicadelvalle.org/">www.nuestraclinicadelvalle.org/</a>
Program: Nurse-Family Partnership Agency: Doctor's Hospital at Renaissance	Free program available for low-income women less than 28 weeks pregnant living in Hidalgo and Willacy County. Participants will be connected to a registered nurse who will provide support, advice and information for a healthy pregnancy, a healthy baby, and a to be a prepared parent. After birth support includes breastfeeding, nutrition, child development, safe--sleep techniques, and more.	Available at various locations 956-362-4190 <a href="https://www.nursefamilypartnership.org/tx-nfp/">https://www.nursefamilypartnership.org/tx-nfp/</a>



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ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Emergency Assistance Program Agency: Catholic Charities of the Rio Grande Valley	Provides medical needs vouchers, medical consultation and/or prescription assistance for those in need.	700 N Virgen de San Juan Blvd San Juan, TX 78589 956-702-4088 <a href="https://www.catholiccharitiesrgv.org/Home.aspx">https://www.catholiccharitiesrgv.org/Home.aspx</a>
Emergency Assistance Program Agency: Catholic Charities of the Rio Grande Valley	Provides medical needs vouchers, medical consultation and/or prescription assistance for those in need.	955 W. Price Rd. Brownsville, TX 78520 956-541-0220 <a href="https://www.catholiccharitiesrgv.org/Home.aspx">https://www.catholiccharitiesrgv.org/Home.aspx</a>
Valley AIDS Council	Provides HIV prevention, education, testing services, medical care and other support services for people living with HIV.	2306 Camelot Plaza Harlingen, TX 78550 (956) 428-2653 <a href="http://valleyaids.org/">http://valleyaids.org/</a>

### Misc. Basic Needs Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Bishop Enrique San Pedro Ozanam Center	The Ozanam Center provides emergency shelter, assistance with clothing, food pantry services, and rental housing assistance for the homeless.	656 N Minnesota Avenue Brownsville, TX 78521 956-831-6331 <a href="http://www.ozanambrownsvillecenter.org">www.ozanambrownsvillecenter.org</a>
Good Neighbor Settlement House	Providing the basic necessities of life such as food, clothing, showers, referrals, meals, free income tax preparation, after-school tutoring, housing rehabilitation for the elderly and/or handicapped and educational programs.	1254 E Tyler Street Brownsville, TX 78520 956-542-2368 <a href="http://www.goodneighborsettlementhouseinc.org/">http://www.goodneighborsettlementhouseinc.org/</a>
In His Steps - First United Methodist Church	Provides vouchers for needy children in the school district who are in need of shoes.	400 N Sam Houston Boulevard San Benito, TX 78586 956-399-2187 <a href="http://www.fumcsanbenito.com/in-his-ste ps">http://www.fumcsanbenito.com/in-his-ste ps</a>



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### Parenting Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
AVANCE	Provides child/family development services for families with young children. Offers in-home or center-based services that include prenatal/parenting/family health education and linkage to community resources along with educational services for children. Must meet federal income poverty guidelines.	811 Bowie Ave Alamo, TX 78516
Parenting Support Agency: Catholic Charities of the Rio Grande Valley	Individuals and couples can receive pregnancy, childbirth, and parenting classes, counseling and mentoring assistance with career and education decisions, and material assistance for maternity and baby clothing, food, and other baby items.	700 N Virgen de San Juan Blvd San Juan, TX 78589 956-702-4088 <a href="https://www.catholiccharitiesrgv.org/Home.aspx">https://www.catholiccharitiesrgv.org/Home.aspx</a>
Parenting Support Agency: Catholic Charities of the Rio Grande Valley	Individuals and couples can receive pregnancy, childbirth, and parenting classes, counseling and mentoring assistance with career and education decisions, and material assistance for maternity and baby clothing, food, and other baby items.	955 W. Price Rd. Brownsville, TX 78520 956-541-0220 <a href="https://www.catholiccharitiesrgv.org/Home.aspx">https://www.catholiccharitiesrgv.org/Home.aspx</a>

### Substance Use Disorder Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Behavioral Health Solutions of South Texas	Provides a multilevel approach inclusive of prevention, intervention, treatment, recovery, and research to reduce substance use and related co-existing conditions	5510 N Cage Blvd Pharr, TX 78577 1-800-748-3577 <a href="http://www.bhsst.org">www.bhsst.org</a>
Program: Substance Abuse Services Agency: Tropical Texas Behavioral Health	Services are available to assist individuals who have co-occurring mental health and substance use disorders. Substance abuse aftercare services are also provided through the Federal Court System. Services in the Federal Court System are for adults, assigned to the program by a parole officer, who are awaiting trial, placed on probation or been paroled on drug related charges.	2215 W. Business 83 Weslaco, TX 956-520-8800 <a href="http://www.ttbh.org/mental-health-services/substance-use-disorder">http://www.ttbh.org/mental-health-services/substance-use-disorder</a>
Program: Recovery Options Agency: Covenant Hills	Offers free crisis counseling for people struggling with addiction and co-occurring disorders, a helpline operator can help you find resources near you to start your recovery process.	Available nationwide 844-277-9386 <a href="https://covenanthillstreatment.com/">https://covenanthillstreatment.com/</a>



## COMMUNITY RESOURCE GUIDE – MID-RGV

### Transportation Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Metro Connect	Intercity bus service connecting the upper and lower Valley.	755 International Boulevard Brownsville, TX 78520 956-681-3550 <a href="http://www.rgvmetroconnect.com">www.rgvmetroconnect.com</a>
Valley Metro	Provides public transportation in urbanized and non-urbanized areas of the upper/mid/lower Rio Grande Valley. Fares are \$1.00 for adults (regular fare) and \$0.50 for students, the elderly (60+), the disabled, and veterans. Transfers from one bus to another are free. Children under 7 are free.	510 S. Pleasantview Dr. Weslaco, Texas 78596 1-800-574-8322 <a href="http://www.lrgvdc.org/valleymetro/">http://www.lrgvdc.org/valleymetro/</a>

### Volunteer and Faith-Based Services

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Loaves And Fishes Of The Rio Grande Valley	Offers food, shelter, job training and placement and provides monetary and non-monetary aid to those experiencing a life altering event that takes away their ability to afford the necessities of life.	514 S E Street Harlingen, TX 78550 956-423-1014 <a href="http://www.lfrgv.org">www.lfrgv.org</a>