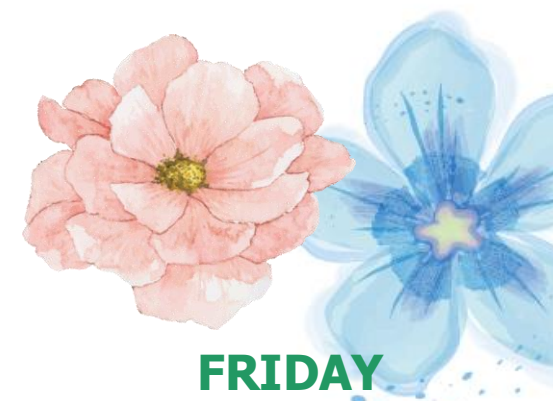


Hello
Spring

MARCH 2023

Pre-K Breakfast and Lunch Menu

Tarrant County



MONDAY



TUESDAY



WEDNESDAY

1 **BREAKFAST**
Cinnamon Bagel
LUNCH
Crispy Baked Chicken w/ Warm Dinner Roll
Rustic Mashed Potatoes w/ Gravy

THURSDAY

2 **BREAKFAST**
Breakfast Pizza
LUNCH
Spaghetti & Meatballs w/ Garlic Breadstick
Homemade Marinara Sauce

FRIDAY

3 **BREAKFAST**
Sausage, Egg and Cheese English Muffin
LUNCH
Crispy Chicken Sandwich or Crispy Fish Sandwich
Curly Fries

6 **BREAKFAST**
Breakfast Kolache
LUNCH
Veggie Pizza
Zucchini Bake

7 **BREAKFAST**
Fresh Fruit Parfait
LUNCH
Carne Guisada w/ Warm Wheat Torilla
Mini Shredded Romaine & Tomato Salad

8 **BREAKFAST**
Turkey Ham, Egg & Cheddar Croissant
LUNCH
Chicken Teriyaki & Not So Fried Rice
Sauteed Asian Vegetables

9 **BREAKFAST**
Cereal or Cereal Cracker Pack
LUNCH
Turkey Hot Dog w/ Bean Chili
Curly Fries

10 Professional Development Day
No Classes

13 Spring Break

14 Spring Break

15 Spring Break

16 Spring Break

17 Spring Break

20 **BREAKFAST**
Pancake Sandwich
LUNCH
Cheeseburger or Hamburger
Baked Beans

21 **BREAKFAST**
Cereal or Cereal Cracker Pack
LUNCH
Burrito Bowl
Cowboy Caviar

22 **BREAKFAST**
Cinnamon Bagel
LUNCH
Crispy Baked Chicken w/ Warm Dinner Roll
Rustic Mashed Potatoes w/ Gravy

23 **BREAKFAST**
Breakfast Pizza
LUNCH
Spaghetti & Meatballs w/ Garlic Breadstick
Homemade Marinara Sauce

24 **BREAKFAST**
Sausage, Egg and Cheese English Muffin
LUNCH
Crispy Chicken Sandwich or Crispy Fish Sandwich
Curly Fries

27 **BREAKFAST**
Construction Scone
LUNCH
Veggie Pizza
Zucchini Bake

28 **BREAKFAST**
Panoramic Pancake Sandwich
LUNCH
Carne Guisada w/ Warm Wheat Torilla
Mini Shredded Romaine & Tomato Salad

29 **BREAKFAST**
Turkey Ham, Egg, and Cheddar Croissant
LUNCH
Bulldozer Breakfast Bowl

30 **BREAKFAST**
Farmhouse Chicken & Waffles Sandwich
LUNCH
Turkey Hot Dog w/ Bean Chili
Curly Fries

31 **BREAKFAST**
Excavator Empanadas
LUNCH
Steak Fingers or Fish Dippers
Country Style Green Beans



OFFERED DAILY

AT BREAKFAST

- Assorted Fresh Fruit
- Whole Grains
- Assorted Cereal & Cracker Pack

AT LUNCH

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

NOTICE:

Due to COVID 19, product availability is not stable, and this menu is subject to change without notice based on availability

This institution is an equal opportunity provider.