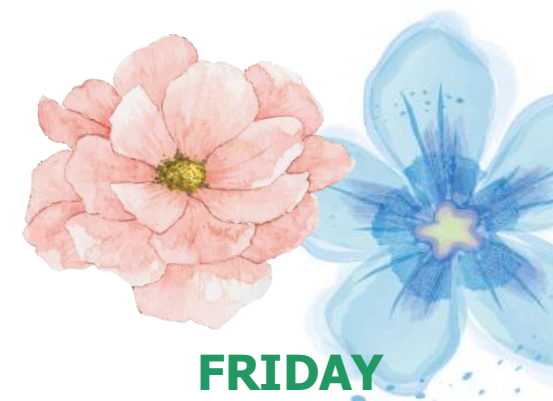


Hello
Spring

MARCH 2023

K-12 Breakfast and Lunch Menu

Permian Basin



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

6 **BREAKFAST**
Breakfast Kolache
LUNCH
Veggie Pizza
Zucchini Bake
Fresh Garden Salad w/ Croutons

7 **BREAKFAST**
Fresh Fruit Parfait
LUNCH
Carne Guisada w/ Warm Wheat Torilla
Mini Shredded Romaine & Tomato Salad
Roasted Jalapeno Corn

8 **BREAKFAST**
Turkey Ham, Egg & Cheddar Croissant
LUNCH
Chicken Teriyaki & Not So Fried Rice
Sauteed Asian Vegetables
Asian Kale Salad

9 **BREAKFAST**
Strawberry or Apple Chia Bar w/ Yogurt
LUNCH
Turkey Hot Dog
Bean Chili
Curly Fries

10 Professional Development Day
No Classes

13 Spring Break

14 Spring Break

15 Spring Break

16 Spring Break

17 Spring Break

20 **BREAKFAST**
Pancake Sandwich
LUNCH
Cheeseburger or Hamburger
Baked Beans
Deluxe Deli Salad

21 **BREAKFAST**
Blueberry Muffin Tops
LUNCH
Burrito Bowl
Cowboy Caviar
Shredded Romaine

22 **BREAKFAST**
Cinnamon Bagel
LUNCH
Crispy Baked Chicken w/ Warm Dinner Roll
Rustic Mashed Potatoes w/ Gravy
Carrot Craisin Salad

23 **BREAKFAST**
Breakfast Pizza
LUNCH
Spaghetti & Meatballs w/ Garlic Breadstick
Homemade Marinara Sauce
Cucumber Ranch Cup

24 **BREAKFAST**
Sausage, Egg and Cheese English Muffin
LUNCH
Crispy Chicken Sandwich or Crispy Fish Sandwich
Deluxe Deli Salad
Curly Fries

27 **BREAKFAST**
Construction Scone
LUNCH
Veggie Pizza
Zucchini Bake
Fresh Garden Salad w/ Croutons

28 **BREAKFAST**
Panoramic Pancake Sandwich
LUNCH
Carne Guisada w/ Warm Wheat Torilla
Mini Shredded Romaine & Tomato Salad
Roasted Jalapeno Corn

29 **BREAKFAST**
Turkey Ham, Egg, and Cheddar Croissant
LUNCH
Bulldozer Breakfast Bowl

30 **BREAKFAST**
Farmhouse Chicken & Waffles Sandwich
LUNCH
Turkey Hot Dog
Bean Chili
Curly Fries

31 **BREAKFAST**
Teamwork Tamales
LUNCH
Steak Fingers or Fish Dippers
Sweet Potato Puffs
Country Style Green Beans



OFFERED DAILY

AT BREAKFAST

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- Fresh Fruit Juice
- Whole Grains
- Assorted Cereal & Cracker Pack

AT LUNCH

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

NOTICE:

Due to COVID 19, product availability is not stable, and this menu is subject to change without notice based on availability

This institution is an equal opportunity provider.

Hello
Spring

MARCH 2023

K-12th SUPPER MENU

Permian Basin

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1
Personal Pizza
Celery Sticks

2
Cold Ham
& Cheese Croissant
Baby Carrots

3
Mozzarella Pearls
Turkey Cubes &
Sunchips
Cherry Tomatoes

6
Corn Dog
Cherry Tomatoes

7
Turkey Ham Cubes
Hummus
Sunchips

8
Waffle Flatbread
Hardboiled Egg
PB Cup
Celery Sticks

9
Turkey &
Cheddar Hoagie
Mini Deli Salad

10
Professional
Development Day
No Classes

13
Spring Break

14
Spring Break

15
Spring Break

16
Spring Break

17
Spring Break

20
Bean &
Cheese Burrito
Cucumber

21
Turkey Wrap
& Hummus Cup
Mini Deli Sald

22
Personal Pizza
Celery Sticks

23
Cold Ham
& Cheese Croissant
Baby Carrots

24
Mozzarella Pearls
Turkey Cubes &
Sunchips
Cherry Tomatoes

27
Corn Dog
Cherry Tomatoes

28
Turkey Ham Cubes
Hummus
Sunchips

29
Waffle Flatbread
Hardboiled Egg
PB Cup
Celery Sticks

30
Turkey
& Cheddar Hoagie
Mini Deli Salad

31
Twisted Cheesy
Breadstick
Marinara Cup



OFFERED DAILY



AT SUPPER

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk
- 1% Milk
- Whole Grains



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