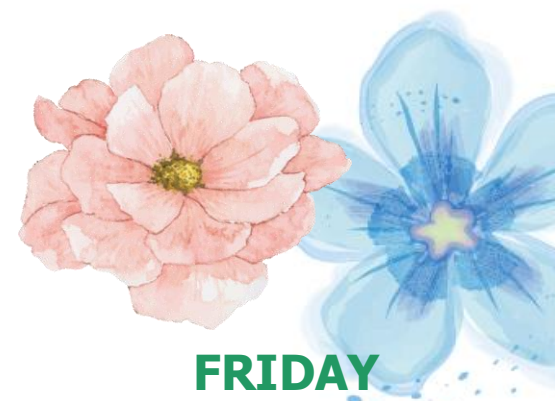


Hello
Spring

MARCH 2023

K-12 Breakfast and Lunch Menu Ohio



MONDAY



TUESDAY



WEDNESDAY

1 **BREAKFAST**
Bagel

LUNCH
Crunchy Chicken Drumsticks
Honey Wheat Roll
Roasted Zucchini Slices

THURSDAY

2 **BREAKFAST**
Breakfast Pizza

LUNCH
Spaghetti & Meatballs
Marinara Sauce
Cucumber with Ranch

FRIDAY

3 **BREAKFAST**
Sausage, Egg & Cheese English Muffin

LUNCH
Chicken or Fish Dippers
Honey Wheat Roll
Sweet Potato Puffs

6

Professional Development Day
No Classes

7 **BREAKFAST**
Pancake on a Stick

LUNCH
Veggie Pizza
Roasted Ranch Cauliflower w/
Buffalo Sauce

8 **BREAKFAST**
Turkey Ham, Egg & Cheddar Croissant

LUNCH
Mandarin Chicken
Brown Rice
Roasted Broccoli & Mushroom

9 **BREAKFAST**
Strawberry or Apple Chia Bar
Greek Yogurt

LUNCH
Turkey Hot Dog
Vegetarian Baked Beans

10 **BREAKFAST**
French Toast

LUNCH
Crispy Chicken Sandwich
Parmesan Carrot Fries

13 **BREAKFAST**
Warm Biscuits

LUNCH
Cincinnati Chili
Corn & Red Bell Pepper Salad

14 **BREAKFAST**
Snack'n Waffles

LUNCH
Turkey Club Sub
Seasoned Green Beans

15 **BREAKFAST**
Homemade Granola & Vanilla Yogurt

LUNCH
Creamy Penne Alfredo
Parmesan Peas

16 **BREAKFAST**
Potato, Egg & Cheese Burrito

LUNCH
Crispy Beef Tacos
Refried Beans
Shredded Romaine & Tomato Salad

17 **BREAKFAST**
Banana Muffin

LUNCH
Pizza
Fresh Broccoli w/ Ranch

20 **BREAKFAST**
Maple Waffle Sandwich

LUNCH
Cheeseburger or Hamburger
Curly Fries
Deluxe Deli Salad

21 **BREAKFAST**
Blueberry Muffin Top

LUNCH
Spiced Chicken Pita
Cucumber Tomato Edamame Salad

22 **BREAKFAST**
Bagel

LUNCH
Crunchy Chicken Drumsticks
Honey Wheat Roll
Roasted Zucchini Slices

23 **BREAKFAST**
Breakfast Pizza

LUNCH
Spaghetti & Meatballs
Marinara Sauce
Cucumber with Ranch

24 **BREAKFAST**
Sausage, Egg & Cheese English Muffin

LUNCH
Chicken or Fish Dippers
Honey Wheat Roll
Sweet Potato Puffs

27

Spring Break

28

Spring Break

29

Spring Break

30

Spring Break

31

Spring Break



OFFERED DAILY

AT BREAKFAST

- Assorted Fresh Fruit
- Whole Grains
- Assorted Cereal & Cracker Pack

AT LUNCH

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

NOTICE:

Due to COVID 19, product availability is not stable, and this menu is subject to change without notice based on availability

This institution is an equal opportunity provider.