FEBRUARY 2023 K-12 Breakfast and Lunch Menu **Baton Rouge**

MONDAY

BREAKFAST

Chicken Sausage Pancake Sandwich

LUNCH

Cheeseburger or Hamburger Baked Beans Deluxe Deli Salad

13 **BREAKFAST**

Pancake & Sausage on a Stick

LUNCH

Veggie Pizza Zucchini Bake Fresh Garden Salad w/ Croutons

20

2

Mardi Gras No Classes

27 **BREAKFAST**

Pancake Sandwich

LUNCH

Cheeseburger or Hamburger **Baked Beans** Deluxe Deli Salad

TUESDAY

BREAKFAST

Blueberry Muffin Top

LUNCH

Creamy Chicken Pastalaya

Honey Wheat Roll

Seasoned Corn

BREAKFAST

Fresh Fruit Parfait

LUNCH

Red Beans & Sausage Over Rice

Honey Wheat Roll

Roasted Cajun Okra

Mardi Gras

No Classes

BREAKFAST

Blueberry Muffin Tops

LUNCH

Burrito Bowl

Cowboy Caviar

Shredded Romaine

3

14

21

28

WEDNESDAY

BREAKFAST

Homemade Granola & Vanilla Yogurt Cup

LUNCH

Creamy Chicken Alfredo w/ Cheesy Garlic Breadstick Parmesan Green Peas **Roasted Veggies**

BREAKFAST

8

WG Bagel w/ Cheese Stick

LUNCH

Crispy Baked Chicken Honey Wheat Roll Rustic Mashed Potatoes w/ Gravy Carrot Craisin Salad

15 **BREAKFAST**

Turkey Ham, Egg & Cheddar Croissant

LUNCH

Chicken Teriyaki & Not So Fried Rice Sauteed Asian Vegetables Asian Kale Salad

22

Bad Weather Day No Classes

THURSDAY

BREAKFAST

Potato, Egg & Cheese Breakfast Burrito

LUNCH

Crispy Beef Tacos **Refried Beans** Shredded Romaine & Tomato Salad

9 **BREAKFAST**

Breakfast Pizza

LUNCH

Spaghetti & Meatballs Cheesy Garlic Breadstick Homemade Marinara Sauce Cucumber Ranch Cup

16 **BREAKFAST**

Strawberry or Apple Chia Bar **Greek Yogurt**

LUNCH

Turkey Hot Dog Bean Chili **Curly Fries**

BREAKFAST

Potato, Egg & Cheese Breakfast Burrito

LUNCH

Crispy Beef Tacos **Refried Beans** Shredded Romaine & Tomato Salad

FRIDAY

3 **BREAKFAST**

Banana Nut Muffin Tops

LUNCH

Pepperoni or Cheese Pizza Fresh Garden Salad w/ Croutons **Buffalo Cauliflower Wings**

10

Professional Development No Classes

BREAKFAST

Cocoa Banana Overnight Oats

LUNCH

Chicken Tenders or Fish Dippers Honey Wheat Roll Country Style Green Beans Sweet Potato Puff

24 **BREAKFAST**

Banana Nut Muffin Tops

LUNCH Pizza

Buffalo Cauliflower Wings Fresh Garden Salad w/ Croutons



OFFERED DAILY

AT BREAKFAST

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- Fresh Fruit Juice
- Whole Grains
- Assorted Cereal & Cracker Pack

AT LUNCH

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

NOTICE:

Due to COVID 19, product availability is not stable, and this menu is subject to change without notice based on availability

This institution is an equal opportunity provider.

FEBRERO 2023 K-12 Supper Menu Baton Rouge

Baton Rouge				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Beef & Cheese Burrito Broccoli Florets	Flatbread Shredded Mozzarella Pepperoni Marinara Cup	Mac & Cheese w/ Broccoli Cherry Tomatoes
Wowbutter & Jelly Sandwich Cheese Stick Cucumber	7 Turkey Wrap Mini Deli Salad	8 Turkey & Cheddar Hoagie Baby Carrots	9 Personal Pizza Celery Sticks	Professional Development No Classes
Mini Corn Dog Cherry Tomatoes	Turkey Ham Cubes Bean Dip Sun Chips Baby Carrots	Waffle Flatbread Hardboiled Egg PB Cup Celery Sticks	Turkey & Cheddar Hoagie Mini Deli Salad	Twisted WG Cheesy Breadstick Marinara Cup
Mardi Gras No Clases	21 Mardi Gras No Clases	Dia de mal clima No clases	Flatbread Shredded Mozzarella Pepperoni Marinara Cup	Mac & Cheese w/Broccoli
27 Wowbutter & Jelly	28 Turkov Wran			

Turkey Wrap

Mini Deli Salad

Sandwich w/Cheese

Stick

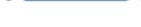




OFFERED DAILY

AT SUPPER

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk
- 1% Milk
- Whole Grains



NOTICE:

Due to COVID 19, product availability is not stable, and this menu is subject to change without notice based on availability

This institution is an equal opportunity provider.