



JANUARY 2023

Pre-K Breakfast and Lunch Menu

El Paso



MONDAY

2

Holiday

TUESDAY

3

Holiday

WEDNESDAY

4

Holiday

THURSDAY

5

BREAKFAST
Cereal & Cracker Pack

LUNCH
Turkey Hot Dog
Bean Chili

FRIDAY

6

BREAKFAST
Ham, Egg & Cheddar Croissant
Sandwich

LUNCH
Crispy Chicken or Fish Sandwich
Parmesan Carrot Fries

9

BREAKFAST
Mini Maple Chip Waffles

LUNCH
Chicken Tamales
Jicama Sticks

10

BREAKFAST
Homemade Granola &
Yogurt Cup

LUNCH
Crispy Beef Tacos
Refried Beans

11

BREAKFAST
Denver Style Breakfast Burrito

LUNCH
Lasagna Rollup
Homemade Marinara

12

BREAKFAST
Biscuits & Jelly

LUNCH
Toasty Turkey Cheddar
Flatbread Sandwich
Homemade Pickle Chips

13

BREAKFAST
Apple Pie Overnight Oats

LUNCH
Pepperoni or Cheese Pizza
Italian Seasoned Veggies

16

Holiday

17

BREAKFAST
Pancake Sandwich

LUNCH
Cheeseburger or Hamburger
Curly Fries

18

BREAKFAST
Toast & Strawberry Cream Cheese

LUNCH
Roasted Chicken
Zucchini Slices
Roll

19

BREAKFAST
Breakfast Pizza

LUNCH
Spaghetti & Meatballs
Homemade Marinara

20

BREAKFAST
Sausage, Egg & Cheese English Muffin

LUNCH
Chicken or Fish Dippers
Sweet Potato Puffs

23

BREAKFAST
Breakfast Kolache

LUNCH
Veggie Pizza
Crumbly Ranch Cauliflower

24

BREAKFAST
Fresh Fruit Parfait

LUNCH
Texas Tacos
Street Corn

25

BREAKFAST
Cereal & Cracker Pack

LUNCH
Chicken Lo Mein

26

BREAKFAST
Cereal & Cracker Pack

LUNCH
Turkey Hot Dog
Bean Chili

27

BREAKFAST
Ham, Egg & Cheddar Croissant
Sandwich

LUNCH
Crispy Chicken or Fish Sandwich
Parmesan Carrot Fries

30

BREAKFAST
Warm Biscuit

LUNCH
Chicken Tamales
Cilantro Cabbage Salad

31

BREAKFAST
Snack'n Waffles

LUNCH
Turkey Club Sub
Veggie Quinoa Soup



OFFERED DAILY

AT BREAKFAST

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- Fresh Fruit Juice
- Whole Grains
- Assorted Cereal & Cracker Pack

AT LUNCH

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

LEGEND

B: Breakfast
L: Lunch

NOTICE:

Due to COVID 19, product availability is not stable, and this menu is subject to change without notice based on availability

This institution is an equal opportunity provider.