



OCTOBER 2022

Pre-K Breakfast and Lunch Menu

El Paso

Celebrate
National School Lunch
Week (NSLW)
with New Lunch Menu
Items!
Oct 24th – Oct 28th



OFFERED DAILY

AT BREAKFAST

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- Fresh Fruit Juice
- Whole Grains
- Assorted Cereal & Cracker Pack

AT LUNCH

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

LEGEND

B: Breakfast
L: Lunch



NOTICE:

Due to COVID 19, product availability is not stable, and this menu is subject to change without notice based on availability

This institution is an equal opportunity provider.

MONDAY

3

No School

10

No School

17

No School

24

B Breakfast Kolache

NSLW

L Philly Cheese Steak
Sweet Potato Puffs

31

B Mini Maple Chip Waffles

L Chicken Tamales
Jicama Sticks w/ Tajin

TUESDAY

4

No School

11

No School

18

B Pancake Sandwich

L Cheeseburger or Hamburger
Curly Fries

25

B Fresh Fruit Parfait

NSLW

L BBQ Chicken
Dinner Roll
Baked Beans

Nov 1

B Homemade Granola &
Vanilla Yogurt Cup

L Crispy Beef Tacos
Refried Beans

WEDNESDAY

5

No School

12

No School

19

B Toast & Strawberry Cream
Cheese

L Roasted Chicken
Dinner Roll
Roasted Zucchini Slices

26

B Cereal & Cracker

NSLW

L Creamy Chicken Pastalaya
Seasoned Corn

Nov 2

B Denver Style Breakfast
Burrito

L Lasagna Rollup
Homemade Marinara

THURSDAY

6

No School

13

No School

20

B Breakfast Pizza

L Spaghetti with Meatballs
Homemade Marinara

27

B Cereal & Cracker

NSLW

L Coditos con Pollo
Vegetable Medley

Nov 3

B Biscuit & Jelly

L Toasty Turkey Cheddar
Flatbread Sandwich
Homemade Pickle Chips

FRIDAY

7

No School

14

No School

21

B Sausage, Egg & Cheese
English Muffin

L Chicken or Fish Dippers
Sweet Potato Puffs

28

B Ham, Egg & Cheese
Sandwich

NSLW

L Beef Nachos
Shredded Romaine
Sour Cream

Nov 4

B Apple Pie Overnight Oats

L Cheese or Pepperoni Pizza
Italian Seasoned Veggies