



OCTOBER 2022

K-12th Breakfast and Lunch Menu El Paso

Celebrate National School Lunch Week (NSLW) with New Lunch Menu Items!
Oct 24th – Oct 28th



MONDAY

3

No School

10

No School

17

B
No School
L

24

NSLW

B Breakfast Kolache

L Philly Cheese Steak
Roasted Mushroom & Onion,
Sweet Potato Puffs

31

B Mini Maple Chip Waffles

L Chicken Tamales
Jicama Sticks w/ Tajin
Cowboy Caviar

TUESDAY

4

No School

11

No School

18

B Pancake Sandwich

L Cheeseburger or Hamburger,
Curly Fries
Deluxe Deli Salad

25

NSLW

B Fresh Fruit Parfait

L BBQ Chicken, Dinner Roll,
Homemade Potato Salad, Baked
Beans, BBQ Sauce

Nov 1

B Homemade Granola & Vanilla
Yogurt Cup

L Crispy Beef Tacos
Refried Beans, Shredded
Romaine Tomato Salad

WEDNESDAY

5

No School

12

No School

19

B Toast & Strawberry Cream
Cheese

L Roasted Chicken, Dinner Roll,
Rustic Mashed Potatoes w/
Gravy, Roasted Zucchini

26

NSLW

B Banana Nut Muffin

L Creamy Chicken Pastalaya,
Seasoned Corn

Nov 2

B Denver Style Breakfast Burrito

L Lasagna Rollup, Homemade
Marinara, Breadstick, Garlic
Green Beans

THURSDAY

6

No School

13

No School

20

B Breakfast Pizza

L Spaghetti with Meatballs
Homemade Marinara, Garlic
Breadstick, Caesar Salad

27

NSLW

B Strawberry or
Apple Chia Bar w/ Greek Yogurt

L Coditos con Pollo, Pinto Beans,
Corn Tortillas, Vegetable
Medley

Nov 3

B Biscuit & Jelly

L Toasty Turkey Cheddar
Flatbread Sandwich, Veggie
Quinoa Soup, Homemade
Pickle Chips

FRIDAY

7

No School

14

No School

21

B Sausage, Egg & Cheese English
Muffin

L Chicken or Fish Dippers
Sweet Potato Puffs, White
Beans & Kale

28

NSLW

B Ham, Egg &
Cheese Sandwich

L Beef Nachos, Shredded
Romaine, Sliced Jalapenos,
Diced Tomatoes, Sour Cream

Nov 4

B Apple Pie Overnight Oats

L Cheese or Pepperoni Pizza
Italian Seasoned Veggies
Veggie Ranch Cup



OFFERED DAILY

AT BREAKFAST

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- Fresh Fruit Juice
- Whole Grains
- Assorted Cereal & Cracker Pack

AT LUNCH

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

LEGEND

B: Breakfast
L: Lunch



NOTICE:

Due to COVID 19, product availability is not stable, and this menu is subject to change without notice based on availability

This institution is an equal opportunity provider.



OCTOBER 2022 K-12th Supper Menu El Paso

Celebrate
National School Lunch
Week (NSLW)
with New Lunch Menu
Items!
Oct 24th – Oct 28th



MONDAY

3
No School

10
No School

17
No School

24
Corn Dog
Cherry Tomatoes

31
Bean & Cheese Burrito
Cucumber

TUESDAY

4
No School

11
No School

18
Pretzel Bites
Turkey Cubes
Cheese Cubes
Celery Sticks

25
Turkey Ham
Hummus
Sun Chips
Baby Carrots

Nov 1
Turkey Wrap
Mini Deli Salad

WEDNESDAY

5
No School

12
No School

19
Chicken Slider
Mini Deli Salad

26
Flatbread
Hardboiled Egg
Peanut Butter Cup
Celery Sticks

Nov 2
Personal Pizza
Celery Sticks

THURSDAY

6
No School

13
No School

20
Flatbread
Shredded Mozzarella
Pepperoni
Cucumber

27
Turkey & Cheddar
Hoagie
Mini Deli Salad

Nov 3
Cold Ham & Cheese
Croissant
Baby Carrots

FRIDAY

7
No School
No School

14
No School

21
Mac and Cheese
Cherry Tomatoes

28
Twisted Cheesy
Breadstick
Marinara Cup

Nov 4
Mozzarella Pearls
Turkey Cubes
Sun Chips
Cherry Tomatoes



OFFERED DAILY

AT SUPPER

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk
- 1% Milk
- Whole Grains

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