

HARVEST OF THE MONTH

APRIL 2021

RECIPE CREAMY CUCUMBER SALAD

A cool and refreshing salad that will go well with grilled Chicken or Fish.



Instructions:

- 1 Wash cucumber and slice into coins. Place coins in a large bowl and set aside.
- 2 In a small bowl, combine the Greek yogurt, garlic, vinegar, salt and fresh dill. Mix well.
- 3 Pour yogurt mixture over cucumber coins and gently mix.
- 4 Cover. Refrigerate for 2 hours before serving to let the flavor marinate.
- 5 Enjoy!

CUCUMBER SALAD INGREDIENTS
English cucumbers
Red Onion, thinly sliced
Fresh dill, chopped
Plain Greek Yogurt
Garlic clove, minced
Apple Cider Vinegar
Salt
Black Pepper



