



# HARVEST OF THE MONTH

## OCTOBER 2020

### RECIPE

#### Baked Pumpkin Oatmeal

These make a delicious breakfast. Make extra, freeze and reheat for a quick breakfast!



- | Step | Instructions  |
|------|---|
| 1    | Preheat oven to 350°F degrees   |
| 2    | Spray a 9x13" baking pan with non-stick cooking spray                             |
| 3    | Mix dry ingredients in a medium bowl  |
| 4    | In a separate bowl, mix wet ingredients until smooth                              |
| 5    | Add wet ingredients to dry ingredients. Mix until combined                        |
| 6    | Pour batter into pan and bake for 35-40 minutes, or until set and lightly browned |
| 7    | Serve warm or at room temperature.  |

Qty	Ingredient
1	15 oz can Pumpkin Puree
1	Ripe Banana, mashed
2	Large eggs
½ c	Milk-any variety
½	Pumpkin pie spice
Tbsp.	
1 tsp	Ground cinnamon
¾ tsp.	Baking powder
¼ cup	Brown sugar
2 ½ c	Rolled Oats
¼ c	Raisins

