

# COMMUNITY RESOURCE GUIDE – Houston



## COMMUNITY HEALTH, BEHAVIORAL, SOCIAL SERVICES RESOURCE GUIDE

### Mental Health Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Covenant House Texas	Provides mental health counseling, psychiatric evaluations, and treatment referrals. • Offers walk-in services, comprehensive case management, substance abuse counseling, educational and vocational training, and life skills training. • Provides programs for aftercare, permanent housing, runaway prevention, street outreach, and transitional living. • Also provides a crisis shelter.	1111 Lovett Boulevard, Houston, TX 77006 713-630-5620 <a href="http://www.covenanthousetx.org/">http://www.covenanthousetx.org/</a>
The Harris Center for Mental Health and IDD – Helpline	Offers crisis intervention, support, information, and referrals to Help Line callers. • Provides services to children and adolescents with serious emotional disturbance. • Helps children to be able to live in homes with families, to develop normal relationships with their peers, to attend school, and to remain out of hospitals and juvenile justice facilities.	7011 Southwest Freeway, Houston, TX 77074 713-970-7000 <a href="http://www.mhmraharris.org/HelpLine.asp">http://www.mhmraharris.org/HelpLine.asp</a>
Mental Health America of Greater Houston – Information and Referral Line	Provides information and referral to providers of behavioral health services, mental health services, and social services. • Provides online resources for behavioral health issues.	2211 Norfolk Street, Suite 810, Houston, TX 77098 713-523-8963 <a href="http://www.mhahouston.org/">http://www.mhahouston.org/</a>

### Abuse/Children’s Services

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Justice for Children	Advocates for abused or neglected children. • Offers free (pro-bono) legal advocacy, public policy monitoring, professional referrals, mental health services, court watch, research, education, and emotional support. • Guides clients through the complex system of child protection.	2600 Southwest Freeway, Suite 806, Houston, TX 77098 713-225-4357 or 800-733-0059 <a href="http://justiceforchildren.org/">http://justiceforchildren.org/</a>
TRIAD Prevention Program – Parenting with Love and Limits	Distributes a Parent Survival Kit. • Offers Parenting with Love and Limits, a six-week parenting and therapeutic course about parenting and out-of-control teenagers and how to stop extreme behaviors of disrespect, ditching school, violence, alcohol or drug use, sexual promiscuity, or threats of suicide. • Also offers mental health services for program-eligible children, youths, and families	6300 Chimney Rock Road, Houston, TX 77081 713-295-2600 or 713-295-2613 <a href="http://hcps.harriscountytexas.gov/Our-Services/Youth-Services/TRIAD-Prevention-Program">http://hcps.harriscountytexas.gov/Our-Services/Youth-Services/TRIAD-Prevention-Program</a>

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ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Children’s Assessment Center	Offers crisis intervention and psychological evaluations to group, family, and individual therapy of child victims, siblings, and non-offending caregivers. • Provides a safe haven for children while awaiting services or during investigations of alleged abuse. • Offers resources about prevention, interventions, and treatments for child sexual abuse.	2500 Bolsover Street Houston, TX 77005 713-986-3300 <a href="http://cachouston.org/therapy-psychological-services">http://cachouston.org/therapy-psychological-services</a>

## Dental Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
El Centro de Corazón	Accepts Medicaid and the Children’s Health Insurance Program (CHIP). • Charges fees on a sliding scale. • Serves the uninsured and those unable to pay. • Call to ask about specific costs.	John S. Dunn 7635 Canal Street, Houston, TX 77012 713-660-1880  Magnolia 7037 Capitol Street, Houston, TX 77011 713-660-1880  <a href="http://www.elcentrodecorazon.org/services/behavioral-health-services">http://www.elcentrodecorazon.org/services/behavioral-health-services</a>
Good Neighbor Healthcare Center	Requires proof of income and proof of identity. • Parents/guardians must bring child immunization records to every medical visit and must come with the child. • Accepts appointments only.	190 Heights Boulevard, Houston, TX 77007 713-387-7196 <a href="http://www.gnhc.org/mentalbehavioral-health">http://www.gnhc.org/mentalbehavioral-health</a>
Saint Hope Foundation	Provides family medicine, pediatric dental care, vision care, nutrition counseling, pharmacy, and community prevention services. • Offers medical transportation.	255 Northpoint Drive, Suite 200, Houston, TX 77060 832-300-8040 <a href="http://offeringhope.org/">http://offeringhope.org/</a>

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## Emergency Shelters

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Northwest Assistance Ministries	Offers help with food. • Also offers help with basic needs including clothing, shelter, energy bills, and transportation. • Provides classes for English as a Second Language (ESL) and General Education Development (GED). • Operates a clinic for children.	15555 Kuykendahl Road, Houston, TX 77090 Area Served: Houston ZIP Codes: 77014, 77032, 77038, 77050, 77060, 77064, 77066, 77067, 77068, 77069, 77070, 77073, 77086, 77090, 77379, 77388, and 77389. 281-885-4555
The Salvation Army Greater Houston Area Command	Must demonstrate immediate need. • Requires a proof of identity and proof of income. • For shelter assistance, also requires evidence of an eviction or a utility disconnection notice.	2208 Main Street, Houston, TX 77002 713-658-9205 <a href="http://salvationarmyhouston.org/ways-we-help">http://salvationarmyhouston.org/ways-we-help</a>
Memorial Assistance Ministries	Offers temporary support for families to meet basic needs: urgent health care, food, clothing, transportation, and shelter.	1625 Blalock Road, Houston, TX 77080 Area Served: Houston ZIP Codes: 77008, 77009, 77018, 77022, 77024, 77037, 77039, 77040, 77041, 77043, 77055, 77076, 77079, 77080, 77088, 77091, and 77092 713-468-4516 <a href="http://www.maministries.org/ged">http://www.maministries.org/ged</a>

## Financial Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
West Houston Assistance Ministries	Helps with mortgage, rent, and utilities. • Also helps with clothing, food, household items, transportation, and prescriptions, and operates a job lab. • Provides students with back-to-school supplies required for school. • Offers classes for adult literacy and English as a Second Language (ESL).	10501 Meadowglen Lane, Houston, TX 77042 713-977-9942 <a href="http://whaministries.org/financial-assistance">http://whaministries.org/financial-assistance</a>
Avenue 360 Health and Wellness	Provides case management (healthcare, housing), counseling, family healthcare, financial assistance, health education, housing assistance, information and referral, mental health therapy, outreach, psychiatry, rapid rehousing, and substance abuse treatment.	2150 West 18th Street, Suite 300, Houston, TX 77008 713-426-0027 <a href="http://beringomega.org/">http://beringomega.org/</a>

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## Food Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
North Channel Assistance Ministries	Offers short-term emergency help, including clothing and food. • Makes referrals for persons who are temporarily in crisis due to low income, unemployment, homelessness, or other reasons.	13837½ Bonham Street, Houston, TX 77015 Area Served: Houston ZIP Codes: 77013, 77015, 77029, 77044, 77049, 77078, and 77530.  713-453-8028 <a href="http://www.woodforestpc.org/mission/ncam">http://www.woodforestpc.org/mission/ncam</a>
Saint John Vianney Social Services	Provides a food pantry fully stocked as a small grocery store. Conducts monthly food drives.	625 Nottingham Oaks Trail, Houston, TX 77079 281-497-4434 <a href="http://www.stjohnvianney.org/ministries/social-services/josephs-coat-resale-shop">http://www.stjohnvianney.org/ministries/social-services/josephs-coat-resale-shop</a>
Society of Saint Vincent de Paul	Operates a regional network of 34 food pantries and two food depots in local neighborhoods.	2403 Holcombe Boulevard, Houston, TX 77021 713-741-8234 <a href="http://www.svdphouston.org/services/voucher-ministry">http://www.svdphouston.org/services/voucher-ministry</a>

## Housing and Rent Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Harris County Housing and Community Resource Center	Offers help with minor home repairs, major home rehabilitation, home reconstruction, or health and safety improvements. • Links families to emergency help for paying bills for rent, mortgage, gas, electricity, phone, or water. • Links families to sources of transitional and long-term housing and support. • Offers guidance about proof of need, proof of income, proof of identity, proof of disability, and other topics.	8410 Lantern Point Drive, Houston, TX 77054 713-696-1998 <a href="http://www.housingandcommunityresources.net/emergency-assistance/financial-empowerment">http://www.housingandcommunityresources.net/emergency-assistance/financial-empowerment</a>
Harris County Housing Authority	Provides an online database of affordable rental housing and operates a housing choice voucher program. • Publishes a Help Card that lists area providers of services to homeless persons.	8933 Interchange Drive, Houston, TX 77054 713-578-2100 <a href="http://hchatexas.org/">http://hchatexas.org/</a>

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## Legal Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
African Law Center	Offers legal aid concerning citizenship and immigration. • Provides help with income tax filings, financial aid counseling, and translations. • Also provides help with citizenship applications, family petitions, status adjustments, Deferred Action for Childhood Arrivals (DACA) forms, and Deferred Action for Parents of Americans and Lawful Permanent Residents (DAPA) forms.	9898 Bissonnet Street, Suite 589, Houston, TX 77036 281-624-6421 <a href="http://www.africanlawcenter.org/our-services">http://www.africanlawcenter.org/our-services</a>
FIEL Houston	Offers legal aid concerning citizenship and immigration. Provides help with financial aid counseling, income tax filings, and translations. • Also provides help with citizenship applications, family petitions, status adjustments, Deferred Action for Childhood Arrivals (DACA) forms, and Deferred Action for Parents of Americans and Lawful Permanent Residents (DAPA) forms.	6610 Harwin Drive, Suite 214 Houston, TX 77036 713-364-3435 <a href="https://fielhouston.org/aboutus/programs">https://fielhouston.org/aboutus/programs</a>
Harris County Domestic Relations Office	Provides assistance to families who have cases in the family courts in the county. • Promotes mediation as an alternative to litigation. • Protects the best interests of the child and ensures that children get emotional and financial support from each parent.	1310 Prairie Street, Houston, TX 77002 713-274-7300 <a href="https://dro.harriscountytexas.gov/Pages/default.aspx">https://dro.harriscountytexas.gov/Pages/default.aspx</a>

## Medical Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
San Jose Clinic	Provides primary and specialty care, eye care, preventative and restorative dental care, laboratory services, a pharmacy, and a patient assistance program.	2615 Fannin Street, Houston, TX 77002 713-228-9411 <a href="http://www.sanjoseclinic.org/">http://www.sanjoseclinic.org/</a>
University of Texas Health Science Center at Houston – McGovern Medical Center	Provides initial assessments and ongoing comprehensive medical care for child victims of abuse and neglect, as well as complete care for children living in foster care.	6410 Fannin Street, Suite 1228, Houston, TX 77030 713-500-7840 <a href="https://med.uth.edu/pediatrics/divisions/child-protection-pediatrics/clinics">https://med.uth.edu/pediatrics/divisions/child-protection-pediatrics/clinics</a>
El Centro de Corazón	Also provides primary healthcare, pediatric, prenatal, nutrition education, and dental services.	412 Telephone Road, Houston, TX 77023 713-660-1880 <a href="http://www.elcentrodecorazon.org/services/behavioral-health-services">http://www.elcentrodecorazon.org/services/behavioral-health-services</a>

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## Misc. Basic Needs Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Memorial Assistance Ministries	Provides temporary support for families to meet basic needs: urgent health care, food, clothing, transportation, and shelter.	1625 Blalock Road, Houston, TX 77080 713-468-4516 <a href="http://www.maministries.org/mental-health-counseling">http://www.maministries.org/mental-health-counseling</a>
Society of Saint Vincent de Paul	Provides limited financial assistance through vouchers for transportation, clothing, and furniture. • Operates a grocery-style food depot and 32 food pantries in local neighborhoods. • Offers gift-cards for groceries and basic supplies.	2403 Holcombe Boulevard, Houston, TX 77021 713-741-8234 <a href="http://www.svdphouston.org/services">http://www.svdphouston.org/services</a>
West Houston Assistance Ministries	Helps with financial literacy. • Also helps with rent, mortgage, utilities, food, clothing, household items, and prescriptions. • Operates a job lab. • Provides students with back-to-school supplies required for return to the classroom.	10501 Meadowglen Lane, Houston, TX 77042 713-780-2727 <a href="http://whamministries.org/financial-literacy">http://whamministries.org/financial-literacy</a>