



# COMMUNITY RESOURCE GUIDE – Tarrant County



## COMMUNITY HEALTH, BEHAVIORAL, SOCIAL SERVICES RESOURCE GUIDE

### Behavioral/Mental Health Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
My Health My Resources- Tarrant County  *Multiple locations, multiple treatments options, see website for more information.	Provides 24/7 community-based services for youth and adults with developmental disabilities, mental health conditions, and substance use disorders. Through a variety of outpatient, residential, and crisis support services people of all ages can get the help they need.	3840 Hulen Street Fort Worth, TX 76107 (817) 569- 4300 Crisis line: (817) 335- 3022 <a href="http://www.mhmrtarrant.org/">http://www.mhmrtarrant.org/</a>
JPS Health Network  *Multiple locations, multiple treatments options, see website for more information	Provides inpatient, outpatient, and peer and family services for adults and adolescents. Accepts most insurance plans and offers multiple payment assistance programs for services.	Viola Pitts/Como Health Center 4701 Bryant Irvin Road N. Fort Worth, TX 76107 (817) 702-1100 <a href="https://www.jpshealthnet.org/location/viola-pittscomo-health-center">https://www.jpshealthnet.org/location/viola-pittscomo-health-center</a>
Millwood Hospital	Inpatient and outpatient mental health and chemical dependency care for children, adolescents, adults, and seniors.	1011 N. Cooper Street Arlington, TX 76011 (817) 261-3121 <a href="https://millwoodhospital.com/">https://millwoodhospital.com/</a>

### Child/Youth Services

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Texas Youth Hotline	Provides 24/7 preventive support to youth free of charge. Trained volunteers provide guidance on youth-related concerns, referral information, and simply listen.	Phone: (800)-989-6884 Text: (512)-872- 5777 <a href="http://www.dfps.statetx.us/Youth_Hotline/">http://www.dfps.statetx.us/Youth_Hotline/</a>
LightHouse for New Hope: Grief & Loss Center	Provides grief support for children & adults how have experienced loss (death, divorce, separation, etc). Offering group and individual counseling as well as play therapy for children.	2717 Mesquite, TX (972)- 226-3110 <a href="http://lighthousefornewhope.org/home">http://lighthousefornewhope.org/home</a>
MHMR Tarrant County: Early Childhood Intervention (ECI)	ECI of North Central TX provides evaluation services for children and families to help young children who may be behind schedule for developmental milestones.	(888)-754-0524 <a href="http://www.mhmrtarrant.org/Services/Early-Childhood-Services">http://www.mhmrtarrant.org/Services/Early-Childhood-Services</a>



## Crisis Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
ACH Child and Family Services	Crisis intervention and counseling, short-term counseling for at-risk youth and their families, emergency youth shelter, youth life skills, and parenting classes.	Hotline: (817)-355-4673 <a href="https://achservices.org/">https://achservices.org/</a>
MHMR iCare Crisis Hotline	24/7 hotline that provides emergency mental health support, information, and referrals for all people.	Phone: (817) 335-3022 Text: (817) 355-3022 <a href="https://www.mhmrarrant.org/About-Us/Community-Resources">https://www.mhmrarrant.org/About-Us/Community-Resources</a>
Psychiatric Emergency Center- JPS Health Network  *Multiple locations, multiple treatments options, see website for more information	Provides inpatient, outpatient, and peer and family services for adults and adolescents. Accepts most insurance plans and offers multiple payment assistance programs for services.	1500 S. Main Street Fort Worth, TX (817) 702-4151 <a href="http://www.jpshealthnet.org/location/psychiatric-emergency-center">http://www.jpshealthnet.org/location/psychiatric-emergency-center</a>

## Dental Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Dental Health Arlington	Non-profit that provides low-cost preventive and pain relieving services to low income residents in Tarrant County.	501 W. Sanford Street, Stw. 11 Arlington, TX 76011 (817) 277-1165 <a href="https://www.dentalhealtharlington.org/patients">https://www.dentalhealtharlington.org/patients</a>
Dental – JPS Health Network  *Multiple locations, multiple treatments options, see website for more information	Provides dental care for patients experiencing problems that need immediate treatment, such as sever pain, broken, cracked, or chipped tooth.	Stop Six/Walter B. Barbour 3301 Stalcup Road Fort Worth, TX 76119 (817) 702-3567 <a href="https://www.jpshealthnet.org/health_care_services/dental/locations">https://www.jpshealthnet.org/health_care_services/dental/locations</a>
Dental Care- Cook Children’s	Serves patients between 0 to 16 years old for preventive, restorative, and sedation dental care services. Accepts Medicaid & CHIP and can treat children with medical conditions.	Renaissance 2600 E. Berry Street Fort Worth, TX 76105 (817) 347-4600 <a href="https://cookchildrens.org/neighborhood-clinics/renaissance/Pages/dental-care.aspx">https://cookchildrens.org/neighborhood-clinics/renaissance/Pages/dental-care.aspx</a>

## Emergency Shelters

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
J.E. & L.E. Mabee Social Service Center	Mabee Center serves individuals and families 24/7 for 365 days per year. Provides emergency family homeless shelters, daily meals, a transitional program, support services for homeless veterans, and a long-term residential treatment program for those with substance use issues.	1855 E. Lancaster Avenue Fort Worth, TX 76103 (817) 344-1800 <a href="https://www.salvationarmydfw.org/p/locations/fort_worth/mabee_center">https://www.salvationarmydfw.org/p/locations/fort_worth/mabee_center</a>
Arlington Life Shelter	Provides free emergency shelter, employment program, educational & lifeskill services, job readiness and coaching, social work services, and health services for men, women, and children of all ages.	325 West Division Street Arlington, Texas 76011 (817) 548-9885 <a href="https://arlingtonlifeshelter.org/How-We-Help/Entrance-Requirements.html">https://arlingtonlifeshelter.org/How-We-Help/Entrance-Requirements.html</a>
Presbyterian Night Shelter	Free shelter for homeless adults operating 24/7, 365 days per year. Provide meals and additional support services for single women and single men without length-of-stay restrictions.	2400 Cypress Fort Worth, Texas 76103 (817) 632-7400 <a href="https://www.journeyhome.org/who-we-help">https://www.journeyhome.org/who-we-help</a>

## Financial Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Community Action Partners	Provides comprehensive services to economically disadvantaged individuals, families, and the elderly. Through the CAP program residents learn to become financially independent, reducing and eliminating their reliance on social services.	4200 S. Freeway, Suite 2300 Fort Worth, TX 76115 (817) 392- 5720 <a href="http://fortworthtexas.gov/cap/">http://fortworthtexas.gov/cap/</a>
St. John the Apostle Parish	Only for zip codes: 76053, 76054, 76117, 76118, 76180, 76182, 76111. By appointment only. Offers financial aid for rent, utilities, and other bills after screening by intake volunteer.	(817) 284-5912 <a href="https://sjtanrh.com/social-ministry">https://sjtanrh.com/social-ministry</a>
Tarrant County Department of Human Services	A variety of programs available to help disabled, unemployed, or people in crisis. Including a Special Utility Assistance Program for those receiving social security benefits or those with limited income.	1200 Circle Drive, Ste. 200 Fort Worth, 76119 817-531-5620 <a href="http://access.tarrantcounty.com/en/human-services/categories.html?linklocation=Iwantto&amp;linkname=Categories%20of%20Assistance">http://access.tarrantcounty.com/en/human-services/categories.html?linklocation=Iwantto&amp;linkname=Categories%20of%20Assistance</a>

## Food Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Arborlawn United Methodist Church Food Panty	Food pantry and clothing closet that offers assistance and can provide nonperishable food. Open Tuesday—Thursday, 9am to 12pm.	5001 Briarhaven Road Fort Worth, TX 76109 (817) 731-0701 <a href="https://www.arborlawnumc.org/care-about">https://www.arborlawnumc.org/care-about</a>
WIC Program- Tarrant County  *Multiple locations, multiple treatments options, see website for more information	Offers free services to those who qualify to receive nutrition information, breastfeeding education and assistance, nutritious food, referrals to health and medical services, and immunizations as some WIC clinics.	(817) 321-5400 <a href="https://access.tarrantcounty.com/en/public-health/family-health-services/wic-program/wic-locations.html?linklocation=Iwantto&amp;linkname=Clinic%20Locations">https://access.tarrantcounty.com/en/public-health/family-health-services/wic-program/wic-locations.html?linklocation=Iwantto&amp;linkname=Clinic%20Locations</a>
Salvation Army of Tarrant County	Provides food & emergency financial assistance for rent, bills, medications and case management for eligible families, depending on availability.	1855 East Lancaster Fort Worth, TX 76103 (817) 344-1800 <a href="http://fortworth.satruck.org/">http://fortworth.satruck.org/</a>

## Housing and Rent Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Tarrant County Department of Human Services	A variety of programs available to help disabled, unemployed, or people in crisis. Including a Special Utility Assistance Program for those receiving social security benefits or those with limited income.	1200 Circle Drive, Ste. 200 Fort Worth, 76119 817-531-5620 <a href="http://access.tarrantcounty.com/en/human-services/categories.html?linklocation=Iwantto&amp;linkname=Categories%20of%20Assistance">http://access.tarrantcounty.com/en/human-services/categories.html?linklocation=Iwantto&amp;linkname=Categories%20of%20Assistance</a>
Tarrant County Housing Partnership	Works in collaboration with local and federal government to deliver a variety of programs and services that address housing issues for special populations. Including free counseling and workshops for first-time home buyers, homeowners in crisis, down payment and closing cost assistance, and affordable housing options.	4200 South Freeway, Ste. 307 (817) 924-5091 Toll-free: (877)-924-5095 Email: <a href="mailto:counseling@tchp.net">counseling@tchp.net</a> <a href="https://www.tchp.net/programs_services/">https://www.tchp.net/programs_services/</a>
Housing Assistance Office- Tarrant County	Provides safe, decent, and affordable housing for low income families. TCHAO promotes personal, economic, and social upward mobility while assisting families with the transition from subsidized to non-subsidized housing.	2100 Circle Drive Fort Worth, TX 76119 (817) 531-7640 <a href="https://www.tarrantcounty.com/en/housing-assistance-office.html">https://www.tarrantcounty.com/en/housing-assistance-office.html</a>



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## Legal Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Free/Low Cost Legal Assistance- Tarrant County	List of resources provided by Tarrant County of organizations that provide free or low-cost legal assistance.	<a href="https://www.tarrantcounty.com/en/law-library/free-low-cost-legal-assistance.html">https://www.tarrantcounty.com/en/law-library/free-low-cost-legal-assistance.html</a>
Legal Aide of NorthWest Texas	Non-profit organization that provides high quality, legal aid through a combined effort of legal services staff and volunteer attorneys. Assists individuals and families with civil matters including: family law and domestic violence, access to benefits, housing issues, employment, wills and much more.	600 E. Weatherford Street Fort Worth, TX 76102 (817) 336-3943 <a href="https://internet.lanwt.org/locations/fortworth">https://internet.lanwt.org/locations/fortworth</a>
Family and Veteran Advocacy Clinic- Texas A&M University School of Law, Law Clinic	Free legal assistance for low income individuals and families. Handles civil cases such as: protective orders, domestic violence issues, divorces and child custody, adoptions, etc. Must make an appointment by calling first.	Star-Telegram Building 307 W. 7 <sup>th</sup> Street, Ste. LL50 (817) 212-4123 <a href="https://law.tamu.edu/prospective/academics/centers-clinics-programs/family-and-veterans-advocacy-clinic/for-potential-clients">https://law.tamu.edu/prospective/academics/centers-clinics-programs/family-and-veterans-advocacy-clinic/for-potential-clients</a>

## Medical Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Cook Children’s Neighborhood Clinics  *Multiple locations, multiple treatments options, see website for more information	Community-based neighborhood clinics provide well-child, sick visits, vaccines, and other supportive resources. Accepts Medicaid, CHIP and most insurance plans.	Miller Clinic 2755 Miller Avenue Fort Worth, TX 76105 (817) 534-7110 <a href="https://cookchildrens.org/neighborhood-clinics/Pages/default.aspx">https://cookchildrens.org/neighborhood-clinics/Pages/default.aspx</a>
JPS Health Network  *Multiple locations, multiple treatments options, see website for more information	Provides inpatient, outpatient, and peer and family services for adults and adolescents. Accepts most insurance plans and offers multiple payment assistance programs for services.	True Worth Clinic 513 E Presidio Street Fort Worth, TX 76102 (817) 702-1100  <a href="http://www.jpshealthnet.org/location/true-worth-clinic">http://www.jpshealthnet.org/location/true-worth-clinic</a>
North Texas Area Community Health Centers  *Multiple locations, multiple treatments options, see website for more information	Offers a full range of quality, family-oriented comprehensive primary and preventive services, including Family Medicine, Pediatrics, OB-GYN, family planning, prenatal care, behavioral care services, and health education.	Southeast Community Health Center 2909 Mitchell Blvd. Fort Worth, TX 76105 (817) 625-4254 <a href="https://ntachc.org/locations/">https://ntachc.org/locations/</a>
HealthWell Foundation	Provides financial assistance for those who qualify for medical treatments if out of pocket costs are too high for the individual.	(800) 675-8416 <a href="https://www.healthwellfoundation.org/">https://www.healthwellfoundation.org/</a>



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## Misc. Basic Needs Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Help and Hope	Wealth of community resources, contact information, and service directory for families in Tarrant County.	<a href="http://www.helpandhope.org/">http://www.helpandhope.org/</a>

## Substance Use Disorder Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
My Health My Resources- Tarrant County  *Multiple locations, multiple treatments options, see website for more information.	Provides comprehensive treatment for recovery through addiction services. MHMR offers a continuum of care for adults and adolescents including prevention, education, and testing services.	MHMR Recovery Center 1501 E. El Paso Street Fort Worth, TX 76102 (817) 569-4600 <a href="https://www.mhmartarrant.org/Services/Addiction-Services">https://www.mhmartarrant.org/Services/Addiction-Services</a>

## Transportation Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
My Ride- MHMR of Tarrant County  *Multiple locations, multiple treatments options, see website for more information.	Provides transportation options & counseling for people experiencing difficulty getting to the doctor, grocery store, work, social activities, etc. due to a disability.	Disability Services Office 1300 Circle Dr. Fort Worth, TX 76119 (682) 587- 7099 <a href="http://www.mhmartarrant.org/Services/Intellectual-and-Developmental-Disabilities/Transportation">http://www.mhmartarrant.org/Services/Intellectual-and-Developmental-Disabilities/Transportation</a>
Trinity Metro	Public transportation organization serving citizens of Tarrant County. This included a fixed bus service, vanpools, paratransit service including (Trinity Railway Express, TEXRail, North Texas Xpress).	801 Cherry St. Ste. 850 Fort Worth, TX 76102 (817) 215-8600 <a href="https://ridetrinitymetro.org/">https://ridetrinitymetro.org/</a>

## Volunteer and Faith-Based Services

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Catholic Charities of Fort Worth	Non-profit organization providing dental services, pregnancy support, immigration services, services for those experiencing homelessness, tax preparation assistance, transportation assistance, and veteran services.	(817) 534-0814 <a href="https://www.catholiccharitiesfortworth.org/help/">https://www.catholiccharitiesfortworth.org/help/</a>
Eastside Ministries of Fort Worth	Non-profit dedicated to providing food, clothing, and other essential items to those in need. First-come, first-serve. New clients must be signed in by 11:15am.	5929 E. Lancaster Avenue Fort Worth, TX 76112 (817) 446-3278 <a href="http://eastsidecommunityassistance.org/">http://eastsidecommunityassistance.org/</a>