## COMMUNITY HEALTH, BEHAVIORAL, SOCIAL SERVICES RESOURCE GUIDE

### Behavioral Health Assistance

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| Wesley Health and Wellness Center | Provides professional counseling for individuals, couples and families, and case management services to include information and referral, referrals for training and employment assistance, assistance with applications for Care Link, Tex Care, Medicaid and Medicare. Appointments needed. Part of the Methodist Healthcare Ministries. | 1406 Fitch  
San Antonio, TX 78211  
(210) 924-5191  
http://www.mhm.org/services/clinics |
| Dixon Health & Wellness Center |                                                                 | 4212 E. Southcross,  
San Antonio, TX 78222  
(210) 527-1505  
http://www.mhm.org/services/clinics |
| Northeast Baptist Hospital Behavioral Health - Baptist Health System | Provides an environment designed to meet the mental and emotional needs. Program includes individual counseling, group therapy, coordinated activities and family support groups.  
Multiple locations, check website for more. | 111 Dallas Street  
San Antonio, TX 78205  
(210) 297-2000  
https://www.baptisthealthsystem.com/services/psychology |
| Laurel Ridge Treatment Center | Provides specialized behavioral health care and addiction treatment. | 17720 Corporate Woods Dr  
San Antonio, TX 78259  
(210) 491-9400  
Toll Free: (800) 624-7975  
https://laurelridgetc.com/ |

### Child/Youth Services

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| Children and Adolescent Services - Center for Health Care Services (CHCS) | Provides behavioral health and mental health services such as behavior management training, counseling, psychiatric services and case management for children and adolescents. | 227 W Drexel  
San Antonio, TX 78210  
(210) 261-3350  
Intake Phone  
(800) 316-9241  
Toll-Free  
(210) 223-7233  
Crisis Line  
https://chcsbc.org/ |
| Children's Bereavement Center of South Texas | Offers private therapy sessions, for both the individual and family members, who are experiencing or anticipating the death of a loved one. Play therapy for children, sand-play for all ages, expressive art therapy for all ages | 205 W. Olmos Drive  
San Antonio, TX  
(210) 736-4847 (HUGS)  
https://cbcsst.org/ |
| Clarity Child Guidance Center | Offers intensive, 24 hour-a-day treatment designed to stabilize a child in psychiatric crisis, assess, diagnose, and treat their symptoms, and prepare child and family for aftercare following discharge. | 8535 Tom Slick  
San Antonio 78229  
(210) 616-0300 ext 6412  
http://www.claritycgc.org/ |
### Crisis Assistance

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| Crisis Line and Community Mobile Outreach Team (CMOT) (Center for Health Care Services) | Offers 24-hour crisis screening. Provides a telephonic triage to determine the immediate level of need and mobilizes emergency services for the consumer. The Crisis Line serves as an initial point of contact for access to the Mobile Crisis Outreach Team (MCOT). Appropriate referrals are given to those who do not require crisis services. | 601 N Frio  
San Antonio, TX 78207  
(210) 225-5481 Main Phone  
(210) 223-7233 Crisis Phone  
(800) 316-9241 Toll-Free Crisis Phone  
https://chcsbc.org/ |
| The Rape Crisis Center for Children and Adults                                    | Provides comprehensive services to survivors of sexual violence, their family, and the community. Provides the community with educational seminars in sexual assault awareness and prevention.                             | 4606 Centerview, Ste 200  
San Antonio, TX 78228  
(210) 349-7233  
http://rapecrisis.com/ |
| Nix Health – Behavioral Health Center                                            | 24/7 crisis intervention, including assessments and referrals for seniors, adults, adolescents, and children exhibiting signs of emotional distress, problems, and/or abuse. Multiple locations, check website for more. | 1975 Babcock Rd.  
San Antonio, TX 78229  
(877) 231-4299  

### Dental Assistance

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| Dental Care - City of San Antonio - Metropolitan Health District (SAMHD)          | Offers case management support for children identified with urgent dental conditions including those who are uninsured or underinsured for required treatment.                                              | 111 Soledad, Ste 1000  
San Antonio, TX 78205  
(210) 207-8841  
https://www.sanantonio.gov/Health/HealthServices/Dental-Services |
| Dental Clinic - Children's Hospital of San Antonio (CHOFSA)                      | Specializes in the prevention and restoration of dental health, for children 16 and under, with an additional focus on children with chronic dental or medical conditions.                                  | 333 N Santa Rosa  
Goldsbury Center for Children and Families  
San Antonio, TX 78207  
(210) 704-2206  
https://www.christushealth.org/santa-rosa/childrens-hospital-of-san-antonio/services-treatments/dental |
| Outpatient Clinic Screening - University of Texas Health Science Center at San Antonio Dental School | Screens patients for acceptance as teaching case for dental treatment by graduate and undergraduate dental students. Provides X-ray and dental assessment, does not guarantee treatment options. | 8210 Floyd Curl Dr  
Center for Oral Health Care and Research  
San Antonio, TX 78229  
(210) 450-3700  
https://www.uthscsa.edu/patient-care/dental/clinics/affordable-dentist-dental-students |
# Emergency Shelters

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| Residential Child Care: Emergency Shelter - St. Peter - St. Joseph Children's Home | Emergency shelter for up to 153 for children between the ages of 0-17. Children can stay for a maximum of 90 days. Individual and ongoing assessments are conducted on each child over 3 years of age during their stay, as the shelter is an assessment center as well. | 919 Mission Rd  
San Antonio, TX 78210  
(210) 533-1203  
http://www.stpjhome.org/ |
| Hope Center Emergency Women, Children and Family Shelter - Salvation Army - San Antonio Area Command | Provides immediate, short-term and transitional housing for women, children and families experiencing homelessness. Multiple locations, check website for more. | 515 W Elmira  
San Antonio, TX 78212  
(210) 352-2020  
http://www.salvationarmysanantonio.org/ |
| Battered Women and Children’s Shelter - Family Violence Prevention Services, Inc. (FVPS) | Provides temporary shelter, 24-hour hotline, and individual and group counseling for women, children and men. | 7911 Broadway  
San Antonio 78209  
(210) 733-8810  
https://fvps.org/ |

# Financial Assistance

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| Bexar County Community Investment                                                 | Provides financial assistance for utility payments and administers the Resident Energy Assistance Program, Comprehensive Energy Assistance Program, and Pauper Burial program. | 233 N Pecos St # 590  
San Antonio, TX 78207  
(210) 335-3666  
https://www.bexar.org/2748/Community-Resources |
| The Family Assistance Center – City of San Antonio                                | Provides low income families and individuals with the support by offering utility and rent assistance. | 106 S. St. Mary’s, 7th Floor  
San Antonio, TX 78205  
(210) 207-8198  
https://www.sanantonio.gov/humanservices/FinanceEmergency/FamilyAssistanceCenters |
| WARM (Winter Assistance Relief Mobilization) – CPS Energy                         | Provides temporary assistance to residential customers who are experiencing tough financial times. | 803 Castroville Road, Suite 406  
San Antonio, TX 78207  
(210) 207-7830  
## Food Assistance

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<td>San Antonio Food Bank, Inc.</td>
<td>Food pantries and on-site feeding facilities in the community through the distribution of donated and purchased food and grocery products; provides information and referral services to individuals or agencies</td>
<td>5200 Old Hwy 90 W&lt;br&gt;San Antonio, TX 78227&lt;br&gt;<a href="https://safoodbank.org/">https://safoodbank.org/</a></td>
</tr>
<tr>
<td>Emergency Food Assistance (Salvation Army - San Antonio Area Command)</td>
<td>Provides emergency assistance with food one-time per year. If more frequent assistance is needed, client must inquire about the Food Pantry program. Also provides infant formula for low-income families.</td>
<td>910 N Flores&lt;br&gt;San Antonio, TX 78212&lt;br&gt;<a href="http://www.salvationarmysanantonio.org/">http://www.salvationarmysanantonio.org/</a></td>
</tr>
<tr>
<td>Ella Austin Community Center</td>
<td>Works with low income individual and families to provide short term emergency assistance for basic needs: food, clothing, utility &amp; holiday assistance. Provides senior services (60+) for well balanced noon meals, recreational and educational group activities.</td>
<td>1023 N. Pine&lt;br&gt;San Antonio, TX 78202&lt;br&gt;210-224-2351&lt;br&gt;<a href="https://ellaaustin.org/">https://ellaaustin.org/</a></td>
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## Housing and Rent Assistance

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<td>Center for Working Families (CWF)</td>
<td>Access to Emergency Rental Assistance for emergency, or short Term, hardship or eviction notice. Some services are income-based.</td>
<td>106 S. St. Mary's, 7th Floor&lt;br&gt;San Antonio, TX 78205&lt;br&gt;(210) 207-7830&lt;br&gt;<a href="https://www.sanantonio.gov/humanservices/FinanceEmergency/FamilyAssistanceCenters">https://www.sanantonio.gov/humanservices/FinanceEmergency/FamilyAssistanceCenters</a></td>
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<tr>
<td>Alamo Area Resource Center</td>
<td>Programs include rental and utility assistance, housing location assistance, and homeless prevention</td>
<td>303 N. Frio&lt;br&gt;San Antonio, TX 78207&lt;br&gt;(210) 625-7200&lt;br&gt;<a href="https://www.aarcsa.com/">https://www.aarcsa.com/</a></td>
</tr>
<tr>
<td>Bexar County Housing Authority</td>
<td>Housing advice and emergency rental assistance</td>
<td>1954 E Houston St #104&lt;br&gt;San Antonio, TX 78202&lt;br&gt;(210) 225-0071&lt;br&gt;<a href="https://www.habctx.org/">https://www.habctx.org/</a></td>
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### Legal Assistance

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| Refugee and Immigrant Center for Education and Legal Services (RAICES) | Promotes justice by providing free & low-cost legal services to underserved immigrant children, families & refugees | 1305 N Flores St, San Antonio, TX 78212  
(210) 222-0964  
https://www.raicestexas.org/ |
| Bexar County – Victim Assistance Division                   | Services include providing general information regarding the criminal justice system and assists with stages of legal process. | 101 West Nueva  
San Antonio, TX 78205  
(210) 335-2311  
https://www.bexar.org/1498/Victim-Assistance |
| Bexar County Dispute Resolution Center                     | Mediation services at no charge as an alternative method of resolving interpersonal, family, business, consumer, and community disputes. | 300 Dolorosa #1102  
San Antonio, TX 78205  
(210) 335-2128  
https://www.bexar.org/1357/Dispute-Resolution-Center |

### Medical Assistance

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| Communicare Health Centers *Multiple locations, check website for more. | Full-service primary healthcare clinic offering an array of services including Pediatrics, Family Medicine, Senior Care, Women’s Health, Dental, Behavioral Health, WIC services and Specialty Care. | 1102 Barclay St  
San Antonio, TX 78207  
(210) 233-7000  
https://www.communicaresa.org/become-a-patient/ |
| Centro Med *Multiple locations, check website for more.      | Clinics provide homeless individuals and families with primary healthcare, dental, social services, child development services, substance abuse counseling, health educational group sessions, and referrals as needed. | 3750 Commercial Avenue  
San Antonio, TX 78221  
(210) 922-700  
https://centromedsa.com/ |
| Methodist Healthcare Ministries Multiple locations, check website for more. | Addresses medical and dental needs of people who cannot afford health insurance. Services are provided on a sliding fee scale based upon ability to pay, household income and family size. | 4212 E Southcross  
San Antonio, TX 78222  
(210) 527-1505  
http://www.mhm.org/services/clinics |
| AARC- Health Equity Clinic                                 | Clinic by the Alamo Area Resource Center with experienced providers of LGBT health and mental health services in a supportive environment. Accepts most insurances including Medicaid & Medicare. Assistance programs available for those uninsured that qualify. | 303. N Frio  
San Antonio, TX 78207  
(210) 688- 5792  
https://www.aarcsa.com/lgbt-health-equity-clinic/ |
## Misc. Basic Needs Assistance

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<td>Operation School Bell - Assistance League of San Antonio</td>
<td>Families will receive vouchers for school uniform assistance.</td>
<td>2611 West Ave San Antonio, TX 78201 (210) 732-1200 <a href="https://www.assistanceleague.org/san-antonio/philanthropic-programs/operation-school-bell/">https://www.assistanceleague.org/san-antonio/philanthropic-programs/operation-school-bell/</a></td>
</tr>
<tr>
<td>Dress For Success San Antonio</td>
<td>Empowers women to achieve economic independence by providing a network of support, professional attire and the development tools to help women thrive in work and in life.</td>
<td>600 N Frio St San Antonio, TX 78207 (210) 737-1515</td>
</tr>
<tr>
<td>Sight for Students Program - Prevent Blindness Texas</td>
<td>Provides free eye exams and eyeglasses, when prescribed, to children who meet certain eligibility criteria. Issues &quot;Sight for Students&quot; gift certificates, along with a list of Vision Service Plan (VSP) doctors in the area, to eligible children.</td>
<td>1600 NE Loop 410, Ste 125 San Antonio, TX 78209 (210) 236-7360 <a href="https://texas.preventblindness.org/request-our-eye-care-referral-services-0">https://texas.preventblindness.org/request-our-eye-care-referral-services-0</a></td>
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## Substance Use Disorder Assistance

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<td>Substance Abuse Services for Teens and Young Adults - Rise Recovery</td>
<td>Offers individual peer counseling, facilitated recovery group meeting and structured chemical-free activities for teenagers and young adults with a chemical dependency. Individual counseling and recovery group meetings are also available for family all members of teens or young adults with substance use issues.</td>
<td>10226 Ironside San Antonio, TX 78230 (210) 227-2634 <a href="http://www.riserecovery.org/">http://www.riserecovery.org/</a></td>
</tr>
<tr>
<td>Drug and Alcohol Treatment Program - Alpha Home, Inc.</td>
<td>Provides women intensive and expansive therapeutic drug rehab and alcoholism addiction treatment program in a home-like residential setting that prepares them to remain clean and sober while embracing the benefit of a lifelong 12-Step commitment.</td>
<td>419 E Magnolia Ave San Antonio, TX 78212 (210) 735-3822 <a href="http://www.alphahome.org">www.alphahome.org</a></td>
</tr>
<tr>
<td>The Center for Healthcare Services</td>
<td>Offers comprehensive substance abuse treatment programs such as individualized, group, detox, inpatient, and outpatient services.</td>
<td>6800 Park Ten Blvd., Suite 200-S San Antonio, Texas 78213 (210) 261-1250 <a href="https://chcsbc.org/get-help/treatment-for-substance-use-disorders/">https://chcsbc.org/get-help/treatment-for-substance-use-disorders/</a></td>
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### Transportation Assistance

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<td>VIA Metro Center</td>
<td>Provide transportation for people with mobility impairments who are unable to use regular VIA bus service as a result of their disability. Must meet eligibility criteria to be certified for the service.</td>
<td>123 N. Medina St. San Antonio, TX 78207 (210) 362-2020 <a href="https://www.viainfo.net/">https://www.viainfo.net/</a></td>
</tr>
<tr>
<td>Alamo Regional Transit</td>
<td>Provides public transportation bus service to all residents in the service region, following are types of transportation services provided: Adult day care – Nutrition, medical, shopping, work, school</td>
<td>8700 Tesoro Dr. Suite 160 San Antonio, TX 78217 (210) 362-5200 <a href="https://www.aacog.com/67/Alamo-Regional-Transit">https://www.aacog.com/67/Alamo-Regional-Transit</a></td>
</tr>
<tr>
<td>Well Waldo’s Wheel/ Health Bus</td>
<td>For appointments at Methodist Children’s Hospital or doctor’s office, if doctor is on the medical staff at the facility or has offices within the specified zip code area</td>
<td>8109 Fredericksburg Rd. San Antonio, TX 78229 (210) 647-7433 <a href="https://sahealth.com/about/community/health-bus.dot">https://sahealth.com/about/community/health-bus.dot</a></td>
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### Volunteer and Faith-Based Services

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<td>Daughters of Charity Services, San Antonio</td>
<td>Provide affordable and accessible primary medical care, dental care, social services, health education, counseling and child development program to strengthen families with low income.</td>
<td>3050 Golden Ave San Antonio, TX 78211 (210) 334-2300 <a href="http://www.dcssa.org">http://www.dcssa.org</a></td>
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<tr>
<td>Crisis Intervention Program (Catholic Charities, Archdiocese of San Antonio, Inc.)</td>
<td>Provides direct financial assistance for utilities and rent for individuals and families with low-income. The program goal is to help those in crisis cope and achieve self-sufficiency through advocacy, education, and information and referral assistance.</td>
<td>1801 W Cesar E Chavez Blvd San Antonio, TX 78207 (210) 26-6178 <a href="https://ccaosa.org/">https://ccaosa.org/</a></td>
</tr>
<tr>
<td>Society of St. Vincent de Paul</td>
<td>Services for basic needs such as food, clothing, rent, furniture, prescription medicine and utility assistance.</td>
<td>1 Haven for Hope Way San Antonio, TX 78207 (210) 225-7837 <a href="https://www.svdp.org/">https://www.svdp.org/</a></td>
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