

COMMUNITY HEALTH, BEHAVIORAL, SOCIAL SERVICES RESOURCE GUIDE

Behavioral Health Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Wesley Health and Wellness Center	Provides professional counseling for individuals, couples and families, and case management services to include information and referral, referrals for training and employment assistance, assistance with applications for Care Link, Tex Care, Medicaid and Medicare. Appointments needed. Part of the Methodist Healthcare Ministries.	1406 Fitch San Antonio, TX 78211 (210) 924-5191 http://www.mhm.org/services/clinics
Dixon Health & Wellness Center		4212 E. Southcross, San Antonio, TX 78222 (210) 527-1505 http://www.mhm.org/services/clinics
Northeast Baptist Hospital Behavioral Health - Baptist Health System	Provides an environment designed to meet the mental and emotional needs. Program includes individual counseling, group therapy, coordinated activities and family support groups. Multiple locations, check website for more.	111 Dallas Street San Antonio, TX 78205 (210) 297-2000 https://www.baptisthealthsystem.com/services/psychology
Laurel Ridge Treatment Center	Provides specialized behavioral health care and addiction treatment.	17720 Corporate Woods Dr San Antonio, TX 78259 (210) 491-9400 Toll Free: (800) 624- 7975 https://laurelridgetc.com/

Child/Youth Services

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Children and Adolescent Services - Center for Health Care Services (CHCS)	Provides behavioral health and mental health services such as behavior management training, counseling, psychiatric services and case management for children and adolescents.	227 W Drexel San Antonio, TX 78210 (210) 261-3350 Intake Phone (800) 316-9241 Toll-Free (210) 223-7233 Crisis Line https://chcsbc.org/
Children's Bereavement Center of South Texas	Offers private therapy sessions, for both the individual and family members, who are experiencing or anticipating the death of a loved one. Play therapy for children, sand-play for all ages, expressive art therapy for all ages	205 W. Olmos Drive San Antonio, TX (210) 736-4847 (HUGS) https://cbcst.org/
Clarity Child Guidance Center	Offers intensive, 24 hour-a-day treatment designed to stabilize a child in psychiatric crisis, assess, diagnose, and treat their symptoms, and prepare child and family for aftercare following discharge.	8535 Tom Slick San Antonio 78229 (210) 616-0300 ext 6412 http://www.claritycgc.org/



Crisis Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Crisis Line and Community Mobile Outreach Team (CMOT) (Center for Health Care Services)	Offers 24-hour crisis screening. Provides a telephonic triage to determine the immediate level of need and mobilizes emergency services for the consumer. The Crisis Line serves as an initial point of contact for access to the Mobile Crisis Outreach Team (MCOT). Appropriate referrals are given to those who do not require crisis services.	601 N Frio San Antonio, TX 78207 (210) 225-5481 Main Phone (210) 223-7233 Crisis Phone (800) 316-9241 Toll-Free Crisis Phone https://chcsbc.org/
The Rape Crisis Center for Children and Adults	Provides comprehensive services to survivors of sexual violence, their family, and the community. Provides the community with educational seminars in sexual assault awareness and prevention.	4606 Centerview, Ste 200 San Antonio, TX 78228 (210) 349-7273 http://rapecrisis.com/
Nix Health – Behavioral Health Center	24/7 crisis intervention, including assessments and referrals for seniors, adults, adolescents, and children exhibiting signs of emotional distress, problems, and/or abuse. Multiple locations, check website for more.	1975 Babcock Rd. San Antonio, TX 78229 (877) 231- 4299 https://www.nixhealth.com/Services/Behavioral-Mental-Health.aspx

Dental Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Dental Care - City of San Antonio - Metropolitan Health District (SAMHD)	Offers case management support for children identified with urgent dental conditions including those who are uninsured or underinsured for required treatment.	111 Soledad, Ste 1000 San Antonio, TX 78205 (210) 207-8841 https://www.sanantonio.gov/Health/HealthServices/Dental-Services
Dental Clinic - Children's Hospital of San Antonio (CHOFA)	Specializes in the prevention and restoration of dental health, for children 16 and under, with an additional focus on children with chronic dental or medical conditions.	333 N Santa Rosa Goldsbury Center for Children and Families San Antonio, TX 78207 (210) 704-2206 https://www.christushealth.org/santa-rosa/childrens-hospital-of-san-antonio/services-treatments/dental
Outpatient Clinic Screening - University of Texas Health Science Center at San Antonio Dental School	Screens patients for acceptance as teaching case for dental treatment by graduate and undergraduate dental students. Provides X-ray and dental assessment, does not guarantee treatment options.	8210 Floyd Curl Dr Center for Oral Health Care and Research San Antonio, TX 78229 (210) 450-3700 https://www.uthscsa.edu/patient-care/dental/clinics/affordable-dentist-dental-students

Emergency Shelters

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Residential Child Care: Emergency Shelter - St. Peter - St. Joseph Children's Home	Emergency shelter for up to 153 for children between the ages of 0-17. Children can stay for a maximum of 90 days. Individual and ongoing assessments are conducted on each child over 3 years of age during their stay, as the shelter is an assessment center as well.	919 Mission Rd San Antonio, TX 78210 (210) 533-1203 http://www.stpjhome.org/
Hope Center Emergency Women, Children and Family Shelter - Salvation Army - San Antonio Area Command	Provides immediate, short-term and transitional housing for women, children and families experiencing homelessness. Multiple locations, check website for more.	515 W Elmira San Antonio, TX 78212 (210) 352-2020 http://www.salvationarmysanantonio.org/
Battered Women and Children's Shelter - Family Violence Prevention Services, Inc. (FVPS)	Provides temporary shelter, 24-hour hotline, and individual and group counseling for women, children and men.	7911 Broadway San Antonio 78209 (210) 733-8810 https://fvps.org/

Financial Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Bexar County Community Investment	Provides financial assistance for utility payments and administers the Resident Energy Assistance Program, Comprehensive Energy Assistance Program, and Pauper Burial program.	233 N Pecos St # 590 San Antonio, TX 78207 (210) 335-3666 https://www.bexar.org/2748/Community-Resources
The Family Assistance Center – City of San Antonio	Provides low income families and individuals with the support by offering utility and rent assistance.	106 S. St. Mary's, 7th Floor San Antonio, TX 78205 (210) 207-8198 https://www.sanantonio.gov/humanservices/FinanceEmergency/FamilyAssistanceCenters
WARM (Winter Assistance Relief Mobilization) – CPS Energy	Provides temporary assistance to residential customers who are experiencing tough financial times.	803 Castroville Road, Suite 406 San Antonio, TX 78207 (210) 207-7830 https://www.cpsenergy.com/en/my-home/savenow/customer-assist-programs/warm.html

Food Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
San Antonio Food Bank, Inc.	Food pantries and on-site feeding facilities in the community through the distribution of donated and purchased food and grocery products; provides information and referral services to individuals or agencies	5200 Old Hwy 90 W San Antonio, TX 78227 https://safoodbank.org/
Emergency Food Assistance (Salvation Army - San Antonio Area Command)	Provides emergency assistance with food one-time per year. If more frequent assistance is needed, client must inquire about the Food Pantry program. Also provides infant formula for low-income families.	910 N Flores San Antonio, TX 78212 http://www.salvationarmysanantonio.org/
Ella Austin Community Center	Works with low income individual and families to provide short term emergency assistance for basic needs: food, clothing, utility & holiday assistance. Provides senior services (60+) for well balanced noon meals, recreational and educational group activities.	1023 N. Pine San Antonio, TX 78202 210-224-2351 https://ellaaustin.org/

Housing and Rent Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Center for Working Families (CWF)	Access to Emergency Rental Assistance for emergency, or short Term, hardship or eviction notice. Some services are income-based.	106 S. St. Mary's, 7th Floor San Antonio, TX 78205 (210) 207-7830 https://www.sanantonio.gov/humanservices/FinanceEmergency/FamilyAssistanceCenters
Alamo Area Resource Center	Programs include rental and utility assistance, housing location assistance, and homeless prevention	303 N. Frio San Antonio, TX 78207 (210) 625-7200 https://www.aarcsa.com/
Bexar County Housing Authority	Housing advice and emergency rental assistance	1954 E Houston St #104 San Antonio, TX 78202 (210) 225- 0071 https://www.habctx.org/

Legal Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Refugee and Immigrant Center for Education and Legal Services (RAICES)	Promotes justice by providing free & low-cost legal services to underserved immigrant children, families & refugees	1305 N Flores St, San Antonio, TX 78212 (210) 222-0964 https://www.raicetexas.org/
Bexar County – Victim Assistance Division	Services include providing general information regarding the criminal justice system and assists with stages of legal process.	101 West Nueva San Antonio, TX 78205 (210) 335-2311 https://www.bexar.org/1498/Victim-Assistance
Bexar County Dispute Resolution Center	Mediation services at no charge as an alternative method of resolving interpersonal, family, business, consumer, and community disputes.	300 Dolorosa #1102 San Antonio, TX 78205 (210) 335-2128 https://www.bexar.org/1357/Dispute-Resolution-Center

Medical Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Communicare Health Centers *Multiple locations, check website for more.	Full-service primary healthcare clinic offering an array of services including Pediatrics, Family Medicine, Senior Care, Women’s Health, Dental, Behavioral Health, WIC services and Specialty Care.	1102 Barclay St San Antonio, TX 78207 (210) 233-7000 https://www.communicaresa.org/become-a-patient/
Centro Med *Multiple locations, check website for more.	Clinics provide homeless individuals and families with primary health care, dental, social services, child development services, substance abuse counseling, health educational group sessions, and referrals as needed.	3750 Commercial Avenue San Antonio, TX 78221 (210) 922-700 San Antonio, TX 78221 https://centromedsa.com/
Methodist Healthcare Ministries Multiple locations, check website for more.	Addresses medical and dental needs of people who cannot afford health insurance. Services are provided on a sliding fee scale based upon ability to pay, household income and family size.	4212 E Southcross San Antonio, TX 78222 (210) 527-1505 http://www.mhm.org/services/clinics
AARC- Health Equity Clinic	Clinic by the Alamo Area Resource Center with experienced providers of LGBT health and mental health services in a supportive environment. Accepts most insurances including Medicaid & Medicare. Assistance programs available for those uninsured that qualify.	303. N Frio San Antonio, TX 78207 (210) 688- 5792 https://www.aarcsa.com/lgbt-health-equity-clinic/

Misc. Basic Needs Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Operation School Bell - Assistance League of San Antonio	Families will receive vouchers for school uniform assistance.	2611 West Ave San Antonio, TX 78201 (210) 732-1200 https://www.assistanceleague.org/san-antonio/philanthropic-programs/operation-school-bell/
Dress For Success San Antonio	Empowers women to achieve economic independence by providing a network of support, professional attire and the development tools to help women thrive in work and in life.	600 N Frio St San Antonio, TX 78207 (210) 737-1515
Sight for Students Program - Prevent Blindness Texas	Provides free eye exams and eyeglasses, when prescribed, to children who meet certain eligibility criteria. Issues "Sight for Students" gift certificates, along with a list of Vision Service Plan (VSP) doctors in the area, to eligible children.	1600 NE Loop 410, Ste 125 San Antonio, TX 78209 (210) 236-7360 https://texas.preventblindness.org/request-our-eye-care-referral-services-0

Substance Use Disorder Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Substance Abuse Services for Teens and Young Adults - Rise Recovery	Offers individual peer counseling, facilitated recovery group meeting and structured chemical-free activities for teenagers and young adults with a chemical dependency. Individual counseling and recovery group meetings are also available for family all members of teens or young adults with substance use issues.	10226 Ironside San Antonio, TX 78230 (210) 227-2634 http://www.riserecovery.org/
Drug and Alcohol Treatment Program - Alpha Home, Inc.	Provides women intensive and expansive therapeutic drug rehab and alcoholism addiction treatment program in a home-like residential setting that prepares them to remain clean and sober while embracing the benefit of a lifelong 12-Step commitment.	419 E Magnolia Ave San Antonio, TX 78212 (210) 735-3822 www.alphahome.org
The Center for Healthcare Services	Offers comprehensive substance abuse treatment programs such as individualized, group, detox, inpatient, and outpatient services.	6800 Park Ten Blvd., Suite 200-S San Antonio, Texas 78213 (210) 261-1250 https://chcsbc.org/get-help/treatment-for-substance-use-disorders/

Transportation Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
VIA Metro Center	Provide transportation for people with mobility impairments who are unable to use regular VIA bus service as a result of their disability. Must meet eligibility criteria to be certified for the service.	123 N. Medina St. San Antonio, TX 78207 (210) 362-2020 https://www.viainfo.net/
Alamo Regional Transit	Provides public transportation bus service to all residents in the service region, following are types of transportation services provided: Adult day care – Nutrition, medical, shopping, work, school	8700 Tesoro Dr. Suite 160 San Antonio, TX 78217 (210) 362-5200 https://www.aacog.com/67/Alamo-Regional-Transit
Well Waldo’s Wheel/ Health Bus	For appointments at Methodist Children’s Hospital or doctor’s office, if doctor is on the medical staff at the facility or has offices within the specified zip code area	8109 Fredericksburg Rd. San Antonio, TX 78229 (210) 647-7433 https://sahealth.com/about/community/health-bus.dot

Volunteer and Faith-Based Services

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Daughters of Charity Services, San Antonio	Provide affordable and accessible primary medical care, dental care, social services, health education, counseling and child development program to strengthen families with low income.	3050 Golden Ave San Antonio, TX 78211 (210) 334-2300 http://www.dcssa.org
Crisis Intervention Program (Catholic Charities, Archdiocese of San Antonio, Inc.)	Provides direct financial assistance for utilities and rent for individuals and families with low-income. The program goal is to help those in crisis cope and achieve self-sufficiency through advocacy, education, and information and referral assistance.	1801 W Cesar E Chavez Blvd San Antonio, TX 78207 (210) 26-6178 https://ccaosa.org/
Society of St. Vincent de Paul	Services for basic needs such as food, clothing, rent, furniture, prescription medicine and utility assistance.	1 Haven for Hope Way San Antonio, TX 78207 (210) 225-7837 https://www.svdp.org/